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Residents Reject Incorporation

By Jo Anne Malpass

The people have spoken loud and clear. Residents of Blind Bay and Sorrento chose on April 30, by unofficial vote results of 2027 to 272, to reject incorporation of Sorrento-Blind Bay.

Electoral Area C will be split into two separate electoral areas — Areas C1 and C2. Sorrento and Blind Bay will be part of the new electoral area — C1.

Information in the final Incorporation Study Report says Area C1 will include Sorrento, Blind Bay, Notch Hill, Balmoral and Carlin. The remainder of Area C, including Tapen, Sunnybrae, Eagle Bay and White Lake will become Electoral Area C2.

The Columbia Shuswap Regional District will continue to be responsible for providing most local government services, including planning and building inspection, utilities, fire response, bylaw enforcement, parks and recreation, and others.

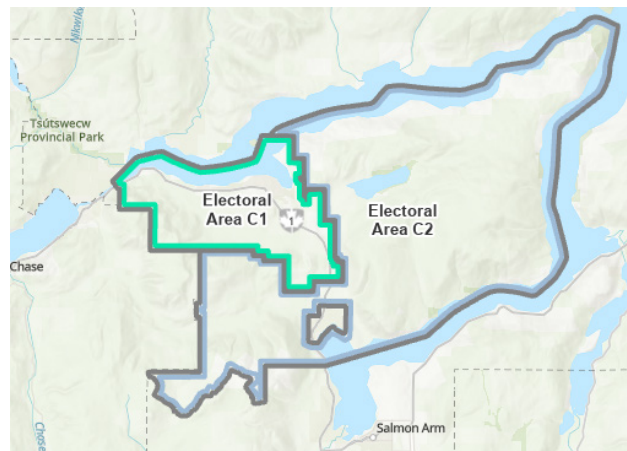
The provincial government will continue to manage policing and, through the Ministry of Transportation and Infrastruc-

ture, the local road network and set road maintenance standards.

Area C will now have two representatives on the CSRD Board, one for Area C1 and one for Area C2. Current Director Paul Demenok has announced he will not be seeking re-election. On October 15, in the BC general local elections, Areas C1 and C2 will each elect a director for a four-year term to sit on the CSRD Board, with

directors from the other five electoral areas, two from Salmon Arm and one each from Golden, Revelstoke and the District of Sicamous.

The boundary for Electoral Area C1 was selected by the Ministry of Municipal Affairs prior



Electoral Area C will be split into two separate electoral areas — Areas C1 and C2. Picture from CSRD Website

to the beginning of the Incorporation Study, which started in November 2019 and was scheduled to last 15 months but the timeline was disrupted by the arrival of the pandemic in March 2020.

The Incorporation Study Report says, based on the results of the Ministry's Boundary Analysis, the boundary

(Continued on page 3)

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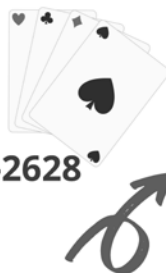
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Residents Reject Incorporation

(Continued from front page)

was designed to:

- create a geographically-smaller Electoral Area that could be easily travelled by an Electoral Area kDirector
- provide for a good level of balance of populations between the two Electoral Areas
- keep whole existing settlement areas and all existing local water service areas, as well as the entire Blind Bay-Sorrento Community Sewer area, and all fire department response areas

- include lands in a variety of property assessment classes
- capture an assessment base for each new Electoral Area that is as sizeable and diverse as practicable
- keep together communities with similar perspectives and wishes related to service levels and urban development

In accordance with the Local Government Act, the official results of the vote were to be announced by the Chief Election Officer on May 4, after the Scoop went to the printer.

Wildfire Season Starts on the Shuswap

By Jo Anne Malpass

BC Wildfire, on May 2, changed the status of the wildfire above Horseshoe Bay near St. Ives from out of control to being held at 18.5 hectares. Suspected cause – person.

Three North Shuswap Fire Departments, along with a BC Wildfire crew and a helicopter, responded to the blaze on the afternoon of April 28.

An update from the Columbia Shuswap Regional District said there were 20 BC Wildfire crew members working on the fire, supplemented with helicopters bucketing water. Members of the Anglemont Fire Department remained to assist with water shuttling for the ground crews. No structures are threatened by the fire at this time.

The fire grew slowly over the next few days, displaying Rank 1 and 2 behaviors, the lowest rankings for a smoldering ground and surface fire.

Although this is the only fire in the province listed as out of control for several days, there were 12 active fires in BC on May 1, including 8 in the Kamloops Fire District. Of these, 100% are

suspected as human caused. Of the 83 fires in BC in the month of April, 31 in Kamloops District, all are listed as human caused except one listed as unknown.



Wildfire above Horseshoe Bay near St. Ives.
Photo credit: Darren Harrison

Every year in the province of BC, people and property are threatened by wildfires. Many of these fires occur in areas called the urban interface zone where homes, cabins and subdivisions are built into the forest landscape.

The FireSmart program is a national program designed to reduce interface fire risk to communities. The CSRD has

compiled detailed information, including a 30-minute webinar presentation that reviews the risk factors and helps you understand simple things you can do to protect your home and property from wildfire. www.csrdr.bc.ca/firesmart

The CSRD also encourages residents to subscribe to Alertable, the CSRD emergency notification system for alerts or emergency information. Sign up at www.csrdr.bc.ca/alertable.

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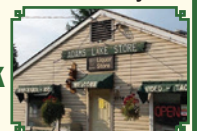
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The Director's Scoop - News of Note from the CSRD

Paul Demenok Director, Electoral Area C (South Shuswap) Cell: 250-517-0810

Are You Thinking About Running in the 2022 Election?

October 15 will be the General Voting Day for the 2022 BC local government elections. After 10 years of public service, I have decided to retire from politics so there will be at least two local government positions to fill in the South Shuswap later this year. This article is to help those who might be considering being a candidate in 2022.

Here are some things to consider before you decide to run:

- 1. There's a steep learning curve** - There is a lot to learn before you can be even minimally successful as a local government politician. First, you need to have a good working knowledge of Robert's Rules as every meeting employs them. Then there's a myriad of bylaws, policies and practices and it may take several years before you become comfortable in communicating these to your constituents. Of course, there are many local issues, concerns, opportunities and projects to learn about and there are some major plans that will soon need updating including the Official Community Plan and the Liquid Waste Management Plan for Area C. Bottom line, you will need to invest considerable time to develop your knowledge to the point where you can be effective. The CSRD website is a great source of information where you can access minutes and agendas, bylaws, news and events, and I would encourage you to spend some time there. I would recommend that you monitor CSRD Board and Committee meetings so you can hear what's going on. If elected there is a number of conferences you can attend to expand your networks and knowledge base.
- 2. Develop relationships with key stakeholders** - In a rural community many services, are delivered by non-profit societies and volunteers. Collaborating with these groups and individuals is a great way to acquire opinions and attitudes towards community needs and opportunities and to achieve community goals. At last count there are 43 different non-profit groups operating in the South Shuswap.
- 3. You need to have a flexible schedule** - Nearly all CSRD committee and Board meetings are held during the day, so while it's possible to work at another job, you will need to have a flexible work schedule to be able to attend to your elected duties. Board meetings are held on the third Thursday of every month except December. Committee meetings are held monthly, quarterly or semi-annually. Public Hearings and many community events are held in the evening or during weekends, and you are expected to attend those by your constituents. Elected officials will carry a CSRD-provided cell phone, so you are accessible 24/7/365, which is especially critical during emergencies.
- 4. You should enjoy reading** - For all CSRD Board meetings there are hundreds of pages of materials to review prior to the meeting. Committee meetings can also have a lot of attachments to review. You are expected to come to meetings prepared to discuss all agenda items.
- 5. You should enjoy writing** - It's important to communicate to your constituents regularly, so having a monthly column in the local paper is very helpful. You will often be called upon to write letters of support to help groups win grant applications. Sometimes critical or advocacy letters are needed to address community problems with provincial or federal agencies or ministries.
- 6. You should enjoy public speaking** - In addition to participating in pre-election debates, you also need to be able to communicate well verbally in meetings, during press interviews, in committees and with the public.
- 7. There are very specific rules to adhere to in running for election** - BC Elections puts out a detailed guide for candidates which spells out exactly how much you can spend on your campaign, and the types of expenditures that are

(continued on page 5)

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allowed. You will be able to pick up a guide at the CSRD office. You must open a separate bank account through which all donations and expenses are entered, and you must keep all receipts and accounting entries.

8. There is an annual declaration and a code of conduct - Each year all elected officials in BC must submit a financial declaration which lists all investments, business interests and potential conflicts of interest. All elected officials at the CSRD are expected to maintain a code of conduct in all dealings with staff, other elected officials and the public.

9. Don't run on a single issue - This is a big mistake that will usually backfire. Creating change at a local government level is challenging at best and if you have only one item on your agenda, it will be even more difficult. If there's a bylaw you want to change work with elected officials and staff to better understand the rationale for the bylaw. There's usually a very good reason for it.

10. You need a thick skin and lots of patience - No matter what you do, there will always be someone out there who is critical. Criticisms are often very personal and cutting, and there is no end to conspiracy theories. Sometimes people need to vent their frustrations and politicians of-

ten represent a convenient and easy target. This is one of the most difficult challenges for individuals to deal with when in office.

11. Finally, you're not doing it for the money - Local politicians are grossly underpaid in my opinion considering the time requirements and the nature of the job. You will receive far less than the minimum wage if you put any effort into the job at all. There are no benefit plans or pension plans or perks or expense accounts involved, and to avoid potential conflicts of in-

terest I would advise candidates to self-finance their election campaigns. So, why would you ever want to get involved in local politics? This is a critical question to consider before you sign up as a candidate, but you should understand your motivation. While there were countless frustrations, for myself I must say there is a very strong sense of accomplishment and pride that comes with community-building, successful projects and programs and public service itself. At least that's my take on it.



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RCMSAR Shuswap Celebrates 10 Years of Saving Lives

By Sionna McTavish

The Royal Canadian Marine Search and Rescue Station #106 – Shuswap will be celebrating its 10th Anniversary on Saturday, May 14, 11:00 am, at the Main Street Dock area in Sicamous. Their two emergency response boats, Rescue One and Tolonen, will be on display with BC Ambulance, the RCMP boat and the BC Parks boat. Everyone is invited to come down to the dock and enjoy some hamburgers and hot dogs, while visiting with the volunteers of RCMSAR.

This is a great opportunity to learn more about the essential emergency services RCMSAR #106 - Shuswap provides, along with the water and boat safety programs they operate on Shuswap Lake and Mara Lake. RCMSAR Shuswap is to be both recognized and commended for their vital role in “saving lives on the water” in our local communities. In 2021, they completed 40 missions, the second highest number by a station in British Columbia.

Bruce Weicker is president of Shuswap Lifeboat Soci-

ety, the business entity of Station 106. He said volunteers will be working hard during the month of May to perform maintenance on 18 Kids Don't Float Kiosks, supplied with Personal

Flotation Devices for children. In addition, sponsored RCMSAR Life Ring Stations at selected docks and beaches will be serviced and prepared for usage by the onset of the Victoria Day long weekend.

Moving forward, Weicker has made an exciting announcement that there will be a RCMSAR Boat-house Groundbreaking Ceremony on May 18th at the Twin Anchors Marina in Sicamous. Local dignitaries will be present to celebrate this occasion along with the many crew and society volunteers who have worked tirelessly over the past five

years to turn plans for construction of this unique facility into a reality. And at this time, RCMSAR and the Shuswap Lifeboat Society would also like to express their gratitude to the individuals, businesses, service clubs, and local government who have contributed to their operations and fundraising for the new Boathouse.

The Boathouse Response Base development is significant in many ways. One of which is that it will protect nearly \$1,000,000 worth of capital assets (including boats, equipment and supplies) that RCMSAR has accumulated over the past ten years. Until this point, their vessels have been moored at a wharf in Sicamous and exposed to all weather conditions. Since the boats must be constantly maintained in order to be ready for emergency call outs 24 hours a day, 365 days a year, the ability to store them under the cover of a boat house will not only drastically reduce volunteer hours for maintenance, but extend the longevity of the vessels, as well.

To find out where the aforementioned Kiosks and Life

(continued on page 7)



Rescue One on Shuswap Lake Awaiting Arrival of a 442 Squadron Buffalo Aircraft. Photo contributed by RCMSAR

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Ring Stations are located, discover volunteer opportunities, and a comprehensive collection of information about RCMSAR Station 106 Shuswap, such as how the crew is dispatched with the BC Ambulance Service, assists with structural and wildland firefighters, and about their critical role in working with other emergency response agencies on life saving missions, visit <https://rcmsar106.ca/>. Or go to their Facebook page at: Royal Canadian Marine Search and Rescue Station #106 – Shuswap.

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South Shuswap Chamber

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By Karen Brown

Tourism Readiness Breakfast - The Chamber hosted a Tourism Readiness Breakfast for tourism-related businesses on May 6 at Duffer's Den in Blind Bay. Speakers were Morgen Matheson, Team Leader from Shuswap Tourism, Laura Dolha of Ancestral Heartbeat Tours and Sarah Tokarek, Shuswap Adventure Girl.

Our new tourism/economic development website Dothe-Shu was launched at the breakfast by Ryan Lahay, VP Production Services CSEK Creative.

Tourism operators were able to pick up their Shuswap Tourism literature to stock their businesses for the summer.

SuperHost Training Dates in the South Shuswap - The Chamber will be offering SuperHost Destination Ambassador courses in the South Shuswap in May. These course dates for the public are perfect for anyone age 16 & up who is interested in pointing people in the right direction, suggesting activities or events that

suit their travel interests. Training is \$30 per person for this three-hour course and is available to the public on: Wednesday, May 11 from 6pm to 9pm, Monday May 16 from 3pm to 6pm and Thursday May 19 from 8am to 11am.

If you are the owner of a business in the South Shuswap, you may have your course fee covered. We ask that you connect with Karen Brown (250.515.3276) to discuss.

A SuperHost Destination Ambassador Training Certificate will be issued at completion of the course.

Social Event at Shuswap Cider Company May 26 - The South Shuswap Chamber, in collaboration with Shuswap Cider Company, will be hosting a member social at the cidery on Thursday May 26 from 5:00 pm to 7:00 pm. Snacks will be served and a cidery tour will be provided. Cash bar will also be available. Cost for South Shuswap Chamber members to attend: \$10 pp. Non-members can also attend for \$20 pp. To register your atten-

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Last Call for Governance Training June 2 - Deb McClelland of Onboard Training will be returning to the Shuswap to offer Governance Training for non-profit Boards. If you are interested in this one-day workshop for your group or organization, call **Karen: 250.515.3276**.

SCOOP BUSINESS FEATURE OF THE MONTH



Little River Boatworld
Staff Members

Expansion Prevails at Little River Boatworld

By Sionna McTavish

Little River Boatworld has all the features that make it an ultimate marine retail destination for “anyone who wants to have fun in, on, or around the water.” In their 56th year of business, “expansion” prevails as a recurring theme at Little River Boatworld. Glen MacPherson, who became the General Manager in 2016 when a change of ownership occurred, has brought his passion and expertise from an extensive, life-long career in the marine industry (primarily the manufacturing sector) that has spanned across North America, and returned to the shores of the Shuswap Lake.

MacPherson grew up spending memorable summers on Little Shuswap Lake at the family cabin, and in 1994 after finishing university, began his first job aligned with his area of study and interest (marine manufacturing), at Little River Boatworld. MacPherson then moved on to specialize in the manufacturing sectors of boating, paddle sports, and marine safety and floatation. Thereafter, he spent 25 years travelling throughout Canada and the United States working with retailers and distributors in recreation, commercial, public safety and military markets.

Now at the helm of Little River Boatworld, MacPherson draws upon his

wealth of experience to guide and grow the organization in every capacity imaginable, or yet to be imagined. Customer service remains “the driving force, it means everything to us” MacPherson said, and propels the team at Little River Boatworld to excellence.

Operational decisions that are made with a philosophy of “continuous improvement and investment in the future of the business” remain at the forefront, MacPherson said. To illustrate this, the first phase of construction for the new marina at Little River Boatworld has begun, with construction of a new launch ramp and fuel dock currently underway. Change

(continued to pg 9)

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(continued from pg 8)

and expansion is taking place in virtually every aspect of the business, in every department: marine parts & accessories, paddle sports, surf shop and fishing.

Little River Boatworld has a fully staffed parts and service department with certified technicians ready to assist customers with marine repair and maintenance. Plus, Little River Boatworld offers a wide selection of rental boats that include everything required for a great day at the lake. Looking for non-motorized equipment? No problem. There are stand-up paddle boards and kayaks for rent, too. Other services that make Little River Boatworld a retail epi-center for marine recreation include their boat storage facility, and seasonal mooring.

At Little River Boatworld, "every day is a demo day" MacPherson said, and prospective clients can expect that their team of dedicated employees will ensure that anyone who is considering a boat or paddle sport purchase is given options designed to fulfill all of their needs and maximize their experiences on the water. Little River Boatworld offers a full range of new and pre-owned boats, from top rated product lines like MasterCraft, Champion, Godfrey & Crest Pontoons, and Legend Boats. In the Paddle Sport department, you will find Old Town Canoe & Kayaks, Hobie Kayaks, Eddyline Kayaks, Clipper Canoes and Aquaglide, to name a few of their high-quality brands.

Many would agree with how MacPherson describes the natural beau-

ty of the Shuswap. His connections both to the land and community run deep. He has fond memories of adventures he had as a child at Camp Grafton in Magna Bay and remains involved as a volunteer on



Glen MacPherson, General Manager

the Camp's Governing Board. Working in an industry he is "passionate" about gives him immense personal satisfaction, helping others discover the ways in which recreating on the water can enrich their lives.

Little River Boat World is indeed a world of nautical possibilities, many featured on their comprehensive website at: lrboatworld.com. And, stay updated on current events by visiting their Facebook page. Now open seven days a week from 9:00 am to 5:30

pm, feel free to stop by in person to see all of the new and amazing marine products in stock.

The Shuswap Scoop remains grateful to Little River Boat World for their ongoing advertising support, and countless contributions to the Shuswap community. We wish you every success in your present and future endeavors. All the best for a fantastic 2022 season!

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Body Found in Burnt Vehicle

RCMP Release

On April 22, 2022 just before 1:00 pm, the Chase RCMP received a complaint of an abandoned and burned-out vehicle parked near Skmana Lake near Chase, BC.

Chase RCMP front line members attended the scene and discovered the burnt older sedan in the area of the Skmana Lake Road and Loakin Bear Creek Road. Upon further inspection, the body of an unknown individual was found in-

side the vehicle.

As this is an unexpected and suspicious death, the SED MCU has taken conduct of the investigation.

"Investigators know the Skmana Forest Service road area is frequently used as a recreational area, and are urging anyone with trail or dash cam footage to call the RCMP Major Crime information line 1-877-987-8477" said Sergeant Chris Manseau, Media Relations Officer for the BC RCMP. "Investigators are still

working on identifying the deceased individual and no further details are available at this time."

A dog was located wandering in the general vicinity of the burned-out vehicle. A photo of this dog can be seen on South Shuswap Scoop Facebook page.

Anyone with information is asked to call the Southeast District Major Crime Unit information line at 1-877-987-8477.





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Grants Support New South Shuswap Park and Trail

CSRD Release

A partnership of Federal, Provincial and Local Governments will support the development of a new community park and a universal trail system in Electoral Area C.

The announcement of grant funding came Monday, April 11, with the Columbia Shuswap Regional District (CSRD) receiving money for the Eagle Bay Community Park and the Loftus Lake Fen Universal Trail projects under the joint federal-provincial Investing in Canada Infrastructure Program.

The Eagle Bay Community Park will be located at 4326 Eagle Bay Road and will feature a playground, outdoor fitness equipment, multipurpose sport courts and a picnic shelter. As part of the Community, Culture and Recreation program, the Government of Canada contributed

\$191,947, while the Government of British Columbia added \$159,940.

This project is currently out for bids and park development will begin in 2022.



Eagle Bay Community Park (render)
Contributed by CSRD

"The Eagle Bay Community Park and the Loftus Lake Fen Universal Trail projects will be enjoyed by all British Columbians," said Nathan Cullen, Minister of Municipal Affairs. "Our government is proud to make investments in outdoor infrastructure that balance recre-

ational opportunities and ecological conservation."

The Loftus Lake Fen Universal Trail project will see the development of a 1.34-kilometre accessible trail in a park adjacent to a natural wetland. As part of the Rural and Northern Communities Infrastructure program, the Government of Canada contributed \$31,500 and the Government of British Columbia provided \$108,000.

The Shuswap Trail Alliance is currently working on the final design plans for Phase 1 of the trail project. Development will begin following the completion of the Indigenous consultation process. Phase 2 of the project will feature the development of a dog park and trailhead parking. This will be put out for bid once the Phase 1 conditions are approved.

These CSRD projects are among the more than \$110.3 million being provided in joint federal-provincial funding for 57 community, recreation, and green infrastructure projects across British Columbia.



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Highways Updates CSRD on TransCanada Construction

By Jo Anne Malpass

The Ministry of Highways District Manager Erik Lachmuth updated the Columbia Shuswap Regional Board at its April meeting on what it is doing to minimize delays during increased construction on the TransCanada from Kamloops to the Alberta border.

One of the two projects by Chase is expected to cause 'minor' impact of less than five minutes and the other 'minimal' impact of less than 20 minutes. Up to 20-minute delays are expected at a project at Ford Rd in Tappen and for resurfacing 97B to Canoe. Five-minute delays until November are expected from 1st Ave to 10th Ave in Salmon Arm and over 20-minute delays are expected for Bruhn Bridge maintenance in Sicamous.

The Ministry's plans include ongoing coordination of all traffic impacting work including MoTI and Parks Canada projects and maintenance, and all unplanned incidents. Capturing Bluetooth data along the corridor to understand real-time travel and enable faster response to issues. Conducting traffic modelling of planned work to understand potential impact to traffic and mitigate issues before they arise.

It is also updating DriveBC in real-time to make planning routes easier and more reliable. There is a link on the DriveBC site called Kamloops to Alberta Improvements showing all the current delays.

In other business at the board meeting;

Falkland Fire Department of the Year – Area D Director Rene Talbot said he was extremely proud of the firefighters; they stayed behind and saved homes during last year's wildfires when their families were evacuated. The department went from 14 members to 25 trained members by the end of last year. Chief Troy Ricard accepted the award on behalf of his current 27 members and thanked the CSRD's Derek Sutherland and Sean Coubrough for their support.

CAO Farewell - In recognition of Charles Hamilton's last board meeting before his retirement April 30, he was presented a gift on behalf of taxpayers, board members and staff. Hamilton said it has been a distinct honour to have been in public service for the past 30 years with the last years at the CSRD being the most fulfilling. He recognized and thanked his team and elected officials.

BC Timber Sales (BCTS) – The Board heard a presentation on timber salvage plans for the Two-Mile fire (above Sicamous) project. BCTS said the risk of landslide is higher without the mitigation work planned in conjunction with the salvage. Mitigation will include fixing legacy trail and road issues, breaking up hydrophobic soils, prompt reforestation post harvest and recovering fiber post fire.

Shuswap North Okanagan Rail Trail – The Board entered into an agreement with Urban Systems Ltd. to provide engineering, design and construction oversight for the Shuswap North Okanagan Rail Trail: Sicamous to Mara – Safety and Asset Protection Project, for up to \$100,150 plus applicable taxes.

Public Hearing Policy - The Board approved a policy for how and where a public hearing will be held and considerations for unique public hearing circumstances.

(Continued on page 13)

(Continued from page 12)

Pre-COVID, public hearings were held for all Official Community plan and rezoning bylaw amendments in the community where the bylaw would apply. During COVID, electronic attendance was organized so the public could attend and participate, and later hearings became fully electronic. The policy is to hold public hearings in-person and electronic, with the CSRD board room as the default location. Unique circumstances when it is appropriate to hold the hearing in the electoral area include new or substantially revised OCP or zoning bylaw or when an amendment is likely to have considerable public interest from the community where the bylaw amendments would apply. The Board will decide by resolution whether to hold a public hearing in the electoral area.

Community Works Funds - The Board approved an additional \$30,000 to complete additional asphalt surfacing work at Sunnybrae Community Park, for a total allocation of \$100,000 and increased the existing agreement with Dawson Construction Ltd.

The Board also authorized \$25,000 to replace the dock at White Lake Community Park.

The Board approved up to \$22,000 plus taxes for Energy Efficient Upgrades for Shuswap Fire Halls #1 and #2.

Grants in Aid Area C - \$2,000 Eagle Bay Community Association (curb stops) and \$2,000 Sunnybrae Seniors Society (operational funding). There will be no grants in aid or community works fund grants available in the three months leading up to the October 15 local election.

South Shuswap Transportation Society – The Board approved formalization of annual funding contribution and entered into a contribution agreement outlining the responsibility of the organization and the CSRD.

Official Community Plan and South Shuswap Zoning Amendment - 2288 and 2304 Blind Bay Rd, Blind Bay. The Board gave third reading and adopted the amendments for a five-lot residential subdivision. Separate from the bylaw amendment and subdivision process, the owners donated a portion of the properties as park.

Zoning Amendment - 2022 Eagle Bay Road, Blind Bay. The owner would like to rezone the portion of the property currently zoned RR1 Rural Residential 1 to C6 Waterfront Commercial, use the two existing single-family dwellings as commercial lodging (vacation rentals) and construct a third single-family dwelling for a caretaker. The board gave the amendments first reading and will refer them to applicable agencies and First Nations.

Development Variance Permit - 3991 Eagle Bay Road, Eagle Bay. The Board approved reducing setback requirements for a proposed engineered block retaining structure to replace an existing damaged retaining structure.

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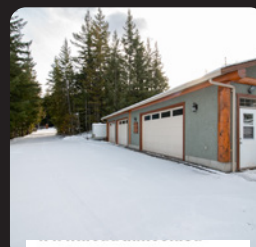
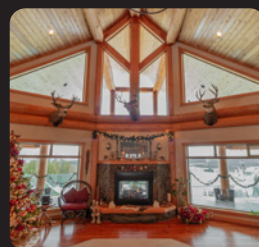
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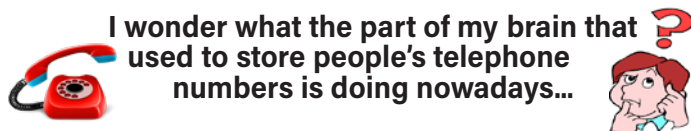




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More Needed to Achieve More Housing

By Mel Arnold, MP

North Okanagan-Shuswap

In just six years, the average price of a home in Canada has doubled to \$869,000. This average may be higher than that in the North Okanagan-Shuswap, but our communities are acutely affected by constant price increases as Canada's housing crisis continues to worsen.

Last fall, I hosted Indigenous, provincial, regional, and municipal government representatives in rounds of pre-budget consultations and housing shortages were a consistent theme. Young adults and families face tough choices between staying in the communities where they are established or moving away because they cannot access home ownership here. Local businesses have reduced operating hours or days of operation because workers they need cannot afford to rent or own a home here. The housing shortage even limited effectiveness of the federal government's Rural and Northern Immigration Pilot program in Vernon.

Last month, the federal budget was presented with great fanfare around resources and measures that the federal government says will assist Canadians contend with rising housing costs, whether as aspiring homeowners or renters.

Budget proposals include \$475 million to provide a one-time, \$500 payment to those facing challenges in affording housing. This approach may provide some relief for a month or two, but it is a shame that such a sum of money will be disbursed without a single home being built.

The budget also proposes doubling the First Time Home Buyers' Tax Credit from \$750 to \$1,500 and establishing Tax-Free First Home Savings Account to save up to

\$40,000 for first time home-buyers. While these measures represent bits of support, the federal government seems to ignore the reality that Canadians today are stretched thin just paying their bills, let alone saving \$40,000 for a down payment.

Canadian real estate is a hot commodity for foreign investors, some of whom use our markets to hide or launder their money- activities that skew price increases in our housing markets.

While the budget proposes to ban foreign investment in nonrecreational, residential property in Canada for two years, it is unclear how such a ban can assist Canadians. This proposal contains exemptions for international students and individuals on work permits and these loopholes will not stop proxy purchasers like the "student" who bought a \$31 million mansion a few years ago in Vancouver.

Regardless of whether they are renters or aspiring homeowners, young or old, Canadians need more from their federal government and solutions may not necessarily require the government paying for or being part owner of more Canadian homes.

For instance, perhaps the federal government should act on the 1.3 million dwellings sitting empty in Canada or work with the province, municipalities, and builders of BC to figure out how to bust the logjam because no government or builder can do it alone.

There appears to be political will at all levels of government to see more homes built for Canadians and I will continue work to mobilize this will and push for policies and supports to see more homes built in the North Okanagan-Shuswap.

Gathering of Gratitude, a Festive Celebration

By *Barbra Fairclough*

Upcoming on June 4th, your Shuswap Community Foundation (SCF) will host a Gathering of Gratitude at Marine Park in Salmon Arm. This is a festive celebration of the many amazing volunteer organizations who strive to make the Shuswap a caring, compassionate community and the donors who make SCF's granting programs possible.

The Shuswap Community Foundation has been actively supporting local, non-profit organizations for over 27 years. Since its inception in 1994, SCF grants to Shuswap community organizations total over \$3.7 million. In 2022, SCF will have an opportunity to manage and distribute approximately \$550,000 in grants and scholarships.

SCF Director Dr. Melany Dyer, says "We want to bring together the people we have a touchstone with. This is a chance to hold up and honour them and say thank you. We are just so grateful for the work of the non-profits as well as the support of our many donors and fund holders." Donations to SCF, either through an endowed fund or by supporting an existing fund, enables SCF to financially support charitable organizations doing their work in the Shuswap. We strive to create and sustain the connections between donors and doers. It is a privilege to participate in celebrating the talents and gifts of our communities.

The beginning work of the Shuswap Community Foundation began in 1992 when the then Mayor and Council for the District of Salmon Arm struck a steering committee to find out what it would take to create a community foundation for the Salmon Arm area. With a grant from the district to cover some initial expenses and support from the Vancouver Foundation, a decision was made to have a proposed foundation that would serve the entire Shuswap Region.

The steering committee took several months to do the preliminary work of writing the draft documents. Eventually the new society was registered on January 25, 1994. The Foundation gained charitable status in early 1995.

The response from Shuswap area residents was immediately positive and generous. The Capital Fund has grown from an initial \$200 from the District grant to the current value of over \$12 million (June 30, 2021). Sixty-six founding families and individual's donations formed the initial capital fund. The amount of the original capital fund is preserved, and grants are issued based on earnings from responsibly managed investments. Every year the foundation exceeds what is required in its total grant payouts. This ensures that SCF grant making is forever.

SCF Staff and the Grant Committee support all grant applications to optimize their success. Each committee member has their local knowledge and understanding of the people behind the organizations. This enables the decision making process to be a thoughtful and accountable process. Dr. Dyer indicates all SCF Directors have a leadership role.

Dr. Dyer says "The festivities will include vendors and food and music with an unbeatable view. Fun for the whole family, it will be a place and time to gather on the beautiful shoreline of the Shuswap Lake." The Shuswap Community Foundation works within Secwépemc'ulucw, the unceded and ancestral home of the Secwépemc People whose deep con-



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Mitigating Our Wildfire Risks

By Paul Demenok
CSRD Area C Director

The CSRD has put out a Request for Proposals for a Community Wildfire Resiliency Plan (CWRP) for Electoral Areas C and D. The goal of this Plan is to reduce the risk and impact of damage from wildfires.

For these areas there will be an analysis of the threat of wildfire and this will include a multidisciplinary analysis involving professional foresters, emergency and fire suppression staff and members of our community. As part of the process, emergency management documents will be compiled and located in one place so as to improve ease of access during an emergency.

The scope of work includes a collaborative effort with our regional FireSmart Coordinator to establish a Community FireSmart and Resiliency Committee (CRFC). The CRFC will be charged with integrating local knowledge including community priorities into the Plan. There will be a community information session to explain the process of developing the Plan and to answer any questions. There will also be an information session with key stakeholders including the CRFC, CSRD staff, First Nations, local fire departments and provincial government staff.

The deliverables will include several components including a Crown Land Wild-

fire Risk Reduction Plan. This element will include a fuel planning and management plan, prescribed fire as part of a comprehensive provincial prescribed fire plan, and risk reduction activities targeting critical infrastructure such as weather stations, radio repeaters and air tanker bases.

The other piece involves an advocacy program for a FireSmart Neighbourhood Recognition Program. In this program communities of any size can organize and implement a FireSmart program such that the entire neighbourhood or street or cul-de-sac is designated and recognized as a FireSmart Community. And this is where residents can and should participate as a group to reduce their collective fire risks. The FireSmart Assessment is free of charge and provides you with a specific plan to reduce known fire hazards around your home or vacant lot. There is also a grant component of up to \$500 per property that can be used in a variety of ways to support the costs of this fuel reduction.

I would strongly encourage everyone to actively participate in this program and get involved with your neighbours to reduce our collective risks. We all saw the destruction of Lytton last year and we had wildfires all around us. By being prepared and collaborating in groups, we can substantially reduce our risks and potential damage from wildfires.

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NDP Needs to Address Healthcare Crisis Now


By Greg Kylo, MLA for Shuswap

Our health is one of the most precious things to us, and a strong healthcare system is paramount for a happy and healthy community, but all across the province, our healthcare facilities are extremely understaffed. Doctors, nurses, and healthcare professionals are experiencing incredible strain, overwhelming amounts of work, and burnout. More and more British Columbians are losing access to the vital medical services they need every day.

Under John Horgan and the NDP, the situation has become critical. Having a family doctor is the cornerstone of every family's healthcare needs, but right now, more than 900,000 British Columbians do not have a family doctor or primary care provider. As more General Practitioner clinics close in communities across the province, British Columbians are instead being forced to rely on overwhelmed walk-in clinics, emergency rooms, and urgent and primary care centres.

B.C. is the only province that has seen wait times for walk-in clinics increase over the past few years, and these clinics currently have the worst wait times in the whole country at more than twice the national average.

Even here in the Shuswap, people are struggling to book appointments and access the important services they need. At the Interior Health blood lab in Salmon Arm, I have heard from multiple constituents who have found themselves waiting for hours even with appointments, while others are wait-



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Greg Kylo
MLA, Shuswap

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ing days if not weeks for openings due to limited capacity and available staff.

John Horgan and the NDP must take action immediately to bring more staff and services to B.C. The Official Opposition has been calling for a health human resources strategy, but the government still hasn't delivered. The NDP needs to stop delaying the timelines for planned hospital upgrades; expedite the process to certify foreign-trained doctors, nurses, and healthcare professionals; and work closely with our communities to ensure we can keep British Columbians healthy and supported for the foreseeable future.



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Eagle Bay Community Association Project and Park

Submitted by Cathy Wolf

The tender has closed for the demolition and construction of the new Eagle Bay Park and we now await information from the Columbia Shuswap Regional District (CSRD) office regarding dates and plans for the summer. We will certainly keep you posted. Recently, an announcement regarding funding for the park was issued by the CSRD. We appreciate all levels of government that have joined together to enhance our community.

And while we wait for news of the outdoor area, there have been a number of improvements going forward in the hall. Our new outdoor ramp has been completed and is ready for use. With the foundation stabilized, parking on the north side of the building has been improved with handicap parking identified with blue parking stops. Lights in the hall, games room, kitchen and entry way have been upgraded. We now have LED lighting through much of the hall. You will notice a new brightness in each room next time you are there. We have new plugs and switches, new electrical panels, and

the outdoor ramp is now lit. What an improvement! Our hall is safer and has improved capacity to serve the community.

Next on our list of hall improvements is the kitchen/bathroom upgrade. You can follow all our timelines and initiatives at <https://www.eaglebaybc.ca/hallrenovationproject>

To kick off our summer fund raising for the hall we are pleased to announce that the Hamster's Dinner Theatre is back. On June 10, 11 and 12 we have "Check Please" coming your way. Tickets are now on sale. Look for more information online at <https://www.eaglebaybc.ca/events> get tickets at the Mercantile Store, or call Jane at 250 675-3772 to reserve your night at the hall.

We also are excited to be holding our first (annual??) live auction fun(d) raiser at the hall on July 16 - 11:00 - 2:30. **We are looking for quality items from the community to be auctioned.** Items can be dropped off or, if needed, picked up. Give Paul a call at 250 675-2498 or email him at paulwolf1951@gmail.com We have expanded our storage space so can take in your donations when it is convenient for you.

nient for you.

We have three categories of items:

1. items that would have all proceeds going to the Community Association
2. items that would be on commission with 70% of auctioned price going to the owner, 30% of the auctioned price being donated to the Community Association
3. new items or services that would be part of our silent auction, being held in conjunction with the live auction

Our website will carry further information about the auction and include a sampling of auction items. Check our <https://www.eaglebaybc.ca/events> to stay current on what is on the auction block. Mark your calendars. There will be lunch and, of course, lots of shouting as the bids roll in.

What's next? Our Annual General Meeting is scheduled for the latter part of July. New budgets, updates on fall activities, election of board members - and planning for the hall renovation. Hope you will consider joining us.



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Eagle Bay Fire Department

By Nigel Collett, Captain

In the past two months spring has sprung and the lake is rising fast. In that time, Eagle Bay Fire Department had five callouts. It might sound like a lot for such a small community but it's no more than usual and we're on track. The trend is a small year over year increase.

The first three calls were for wires down which means we were called out to protect those on the roads before BC Hydro and their flaggers were able to attend. Always assume that downed or damaged power lines are live, even if they're not sparking or making any sound; power can travel through the ground. If you come across a downed or damaged line, follow these steps:

1. Stay back at least 10 metres (33 feet). That's about the length of a city bus.
2. Dial 911 and let them know that a power line has fallen or is damaged.
3. Keep others in the vicinity at least a bus-length away.

Noticing all the work that BC Hydro is doing to clear brush from under the right-of-ways in Eagle Bay makes us hopeful we will see fewer calls, until the trees grow back of course!

We had a burn complaint from someone who noticed a neighbour was burning construction waste late one evening. On checking it out, the fire was well contained and being watched by the homeowner, who also had a backhoe if things got out of control. Having a plan (and a burn permit if required) and treating all fire with respect is key.

Our last call was a structure fire, a vacated double trailer well set back from the forest's edge. Fortunately, no one was inside. Although such a structure burns very quickly to the ground, it takes us some time to overhaul and douse any hot spots. This is where the thermal imaging camera becomes an in-

valuable tool. It was a hard 5 hours for the crew, but we put all our training to good use and the situation was dealt with as it should have been.

We are looking forward to attending the BC Fire Officers Training Conference between May 14-19. The British Columbia Fire Training Officers Association, more commonly referred to as the BCFTOA, is dedicated to gathering information on training standards and providing this information to fire departments so they may effectively and safely train their members. In a world of ever-changing standards and regulations, this organization provides fire departments with the most current, up-to-date course information and training requirements.

This year the conference is being held in Salmon Arm. A combination of hands-on training and educational workshops, as well as networking with other training officers from across the Province, will provide us with additional learnings to apply to serving our community.

Next month I plan to start profiling some of our firefighters and what in-



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You can keep up to date on lots of fire related and fire department news on our "Eagle Bay Fire Department" Facebook page or on Instagram. You will also find more information about current burning regulations and the CSRD's FireSmart initiatives.



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Pink Piston Paddlers Seek New Members



Pink Piston Paddlers - Facebook photo credit David Lautsch

By *Sionna McTavish*

The Pink Piston Paddlers are a dragon boat team of breast cancer survivors and supporters who formed in 2006, with a vision of participating in the breast cancer survivors' festival in Australia the following year. Blair Acton, a current member/supporter of the Pink Piston Paddlers, who became involved in the group with her mother Margaret, a breast cancer survivor, explained that the Australia initiative brought women together. They began to meet in Salmon Arm at the Shuswap Rowing and Paddling Club, to prepare for the event.

Sixteen years and many festivals later (local, provincial, international), the Pink Piston Paddlers' goal is to be at the Breast Cancer Survivors Festival and Flower Ceremony in New Zealand, April 2023. The Pink Piston Paddlers are looking for new members to join their breast cancer survivor team and be a part of the trip. Acton is the primary steersperson and would like to train two more members for this position. Comfortability standing on a paddle board is the only prerequisite. Prior experience is not necessary, nor is equipment.

Dragon boat training has been proven to help breast cancer survivors regain their fitness and wellbeing. In 1995, Dr. Don McKenzie, an internationally renowned Physician (better known by breast cancer survivors around the world as "Dr. Don" from Vancouver, Acton said), and 2022 recipient of the Order of Canada for his contributions to sports medicine and breast cancer survivors, chose to clinically research the effects of dragon boat paddling on 24 breast cancer survivors. He disproved claims by other medical professionals that survivors should avoid engaging in physical activity because it caused lymphedema. Instead, Dr. McKenzie documented the health benefits for survivors, which has led to the formation of breast cancer survivor dragon boat groups across the globe.

There are many positive impacts that stem from paddling on a breast cancer survivor team. Meaningful connections and friendships develop amongst paddlers as they share their experiences and support one another. Acton said there is a sense of "comradery" that transcends cultural and geographical borders.

Across cultures, the dragon is a symbol of wisdom and power. Attributes that well represent the worldwide breast cancer survivor dragon boat paddling network. As an example, Acton owns the HI Shuswap Lake Hostel and met two

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women travelling from South Africa, who would otherwise have no forum to speak about how they survived breast cancer, treatments, and facets of their personal stories.

Acton told of the comradery that occurred during the team's trip in 2017 to Venice, Italy for a Breast Cancer Survivors Dragon Boat Festival and Carnation Ceremony. While in Venice, the team was invited as guests to paddle through the canals of the City, typically waterways not open to tourists. It was an experience of a lifetime for Acton. "I've never had my cheeks feel so sore from smiling!" she exclaimed.

The paddling season is about to get underway, just in time to practice for the upcoming Salmon Arm Dragon Boat Festival, and Flower Ceremony on June 18th. After the race, a carnation is given to breast cancer survivors and supporters to acknowledge the beauty of each woman's life and journey. It is an "emotional" ceremony Acton said, and a very important part of their dragon boat festivals.

You can find more information about the Pink Piston Paddlers on their Facebook page, or email Blair Acton at pinkpistonpaddlers22@gmail.com if you are a survivor who is interested in joining their group and ultimately going to New Zealand in 2023. Beginning in May, the Pink Piston Paddlers meet every Wednesday at 6:00 p.m. at the Salmon Arm Marine Park, 780 Marine Park Drive.

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Just Bring Them & We'll Be Ready

By **Jerre Paquette**

Jean-Luc Desgroseilliers is a retired member of the Canadian Armed Forces, and he has a plan to support Ukrainian refugees whose homes in Ukraine have been lost to Russian forces.

Jean-Luc spent some 12 years in the military serving in Europe. During that period of his career, he was present when crowds of German citizens began tearing down that infamous symbol of the Cold War: the Berlin Wall (1989).

He was also present in Europe when the Soviet Union collapsed in December 1991—the same year the Ukrainian Soviet Socialist Republic was transformed into the Independent State of Ukraine.

With the Berlin Wall gone, he had the opportunity to tour many of the Eastern Bloc countries long ravaged by the economic, political, structural, cultural, and moral impact of both WWII and the subsequent decades of the Cold War. He was shocked by what he saw.

Some 20 years later, he revisited those same European countries and was uplifted by the remarkable progress made to infrastructure, lifestyle, and overall quality of life and governance, and he was aware of all the work and commitment such change required of governments, citizens, and supportive international nations alike.

Today, Jean-Luc is once again shocked and discouraged: “What has happened to Ukraine in just a few weeks of Russian attacks,” he laments, “simply erases the celebration of

European rebuilding progress that took decades to achieve.”

Initially, he didn't know how to respond. However, about a month ago, he was watching a television movie about WWII. When it ended, he switched to the lead news story on CTV. He looked at the scenes of ravaged Ukraine and wondered for a moment whether he was still watching the WWII movie. “No,” he said to himself. “It's 80 years later and the same thing is happening again!” He realized he was getting angrier and angrier as reality set in. He asked himself, “What can I do about it?”

He channeled his anger into positive action, checking around on the internet to see whether there was anyone in the Shuswap area taking initiative—perhaps he could join them. Finding no one, he committed himself to the task of answering the question “What can I do about what is happening to Ukraine, about what is happening to our world?”

Jean-Luc's experiences in the Canadian Armed Forces and in Europe make him probably one of the most qualified people in the

Shuswap to answer that question, to take the lead in moving to action.



Ukrainian Flag & Statue of Glory at Lviv Theatre of Opera & Ballet
Photo credit: Andrew J. Kurbiko

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(Continued on page 23)



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So what is his plan, and how can we all participate in it?

His first action was to articulate an achievable goal—he realized it has to be clear and it has to meet the needs of as many Ukrainian refugees as possible, and it has to fall within the capabilities and interests of local people right here in the Shuswap.

Simply put, Jean-Luc believes we can all contribute to the welfare of Ukrainian citizens by helping one or more Ukrainian families move to the Shuswap area.

He continued with his action plan by determining who to contact. His initial list included: Ukrainian Canadian Congress, Shuswap Immigrant Services Society in Salmon Arm and Refugee And Friends Together (RAFT), a refugee resettlement group in Kamloops.

Discussion with these organizations led him to a host of other government systems and private organizations (such as The United Way and GoFundMe) in his search for support and guidance.

His largest on-going concern is that the process of enabling refugees to come to the Shuswap is remarkably compli-

cated. Sorting out those complications is his primary task: he must make it as simple as possible for all of us to contribute to the plan.

Jean-Luc has already experienced a significant measure of success: He has found two local families able and willing to provide accommodation to desperate Ukrainian families. As well, over 50 people from Chase to Sicamous have so far volunteered to offer support in areas such as Transportation, Welcoming, Schooling, Orientation, Financial, and In-kind Donations. His immediate task now is to identify and activate the processes that will get Ukrainians to choose to come to the Shuswap. For that, he needs to assure them that community support and opportunity are available.

Should you elect to participate in Jean-Luc's plan, you can start very simply by filling out the form he has designed and placed on a supporting host's website (the Shuswap Karate Dojo):

<https://www.shoreikankarate-shuswap.ca/ukraine>

If you wish to donate to the GoFundMe program, go here:

<https://gofund.me/2bcbd1f9>

And if you'd simply like to know

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We all have seen the images of Ukrainian families, victims of brutal and unrelenting violence. Jean-Luc's plan offers all of us a way to do something about it, with the battle cry "JUST BRING THEM & WE'LL BE READY!"

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Sorrento Health Centre Springtime Happenings at the Health Centre

By Celia Dyer

Springtime is a busy time for everyone; the season is well-named as we all seem to “spring” into action after the quiet winter months. In fact, the origin of the word spring, when referring to the season, comes from the Old English “springan”; which means to “leap, fly up, burst forth, spread, grow”.

There's a lot going on at the Health Centre! Our 8th Annual AGM is scheduled for May 25 at 4:30 pm. We will once again be holding our AGM virtually, using Microsoft Teams. If you would like to attend, please email Barry Stokes at stokesbarry54@gmail.com to preregister. If you're not familiar with Microsoft Teams, Barry can guide you expertly, and painlessly, through the process. All are welcome.

Our guest speaker at our AGM will be Julia Walker, Nurse Practitioner Lead for the Interior. Julia will be joined by Sydney Richardson-Carr, the Interior representative for the Nurses and Nurse Practitioners Council of BC.

Their presentation will focus on the difficulty of access to medical care in BC and how Nurse Practitioners contribute an innovative and effective solution to that challenge. We are very fortunate to have expert and enthusiastic voices on this very timely and important topic.

We will also have a fun and exciting door prize so be sure to contact Barry

toot de sweet to secure your spot.

Could it be that we might be able to celebrate this summer? If the universe continues to unfold as it should after these many dark months, we're hoping to participate in the July 1st festivities.

Look for our booth at Centennial Field where we'll have all sorts of healthy information for you.

And more prizes. The world needs more prizes.

Another activity on our calendar is the Shuswap Community Foundation's “Gathering of Gratitude”. This event will take place on June 4 from 11am to 3pm at the Marine Peace Park in Salmon Arm. SCF is showcasing the many organizations who are a part of the Foundation and there will be food, entertainment and children's activities throughout the day. Come by and see our display and learn about the donors who contribute to our projects.

Last month, we highlighted the many talents of our Board members. We're a great bunch but we love to share the love! If you care about having outstanding health care in your neighbourhood and are looking for a way to participate in your community, get in touch. The more the merrier. You can email Celia at celdye@telus.net with any questions you may have.

Having two superb NP's in our small community doesn't happen by magic; we make the magic happen.

Play safe, be happy and watch the flowers grow.



Blind Bay Citizens Patrol

By Carolyn French

Blind Bay Citizens Patrol Society (BBCPS) was formed in 2020 by a group of civic minded individuals who saw a need to resurrect a community-based group to assist the RCMP and provide them with eyes and ears in the Blind Bay to Eagle Bay area. The patrols commenced in November 2020 and although Covid was a challenge, to date 72 patrols have been conducted with the average patrol being 56 kilometers and 296 hours of volunteer time with each patrol being on average 4.11 volunteer hours. Each patrol consists of 2 members.

The Salmon Arm RCMP Detachment has been extremely supportive of the BBCPS and provides an exceptional liaison officer who meets with members regularly and provides invaluable feedback and advice. The local business community, regional district as well as regional and national organizations have also been very generous and supportive in making sure BBCPS has the resources that it requires to be effective.

The patrols operate year round with a minimum of 2 patrols per week from mid May to mid September and 1 per week during the rest of the year. There are no set days of the week and it changes based on member availability.

In 2021 in conjunction with ICBC, Speed Watch was started during the months of June through August which consists of the use of a radar board to track the speed of vehicles in areas identified by ICBC, RCMP and area residents as areas of concern. Since inception there have been 8 watches with a total of 548 vehicles recorded of which 166 or 21.17% exceeded the posted speed limit. Safety of our members is always paramount so watches have to be limited to roads with shoulders wide enough for the members to be safe and hold the equipment.

Currently BBCPS has 18 members and is always seeking to add to that number so it can look at increasing the frequency of patrols and enlarging the patrol area based on RCMP feedback. If anyone is interested they can contact us at info.bbcps@shaw.ca





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Cruising The Okanagan Auto Group

By Sionna McTavish

Look no further for a unique "community connection to all things car culture" in the Shuswap, Okanagan, and surrounding regions in BC. Cruising The Okanagan (CTO) is an inclusive Auto Group, meaning that membership is comprised of auto enthusiasts and collectors whose passions and interests span across all years, makes, and models ranging from Classic Cars to Rat Rods (built by their owners). Anna-Marie Eckhart, CTO Officer and Video Coordinator, explained that their organization is dedicated to "bringing everyone together."

Cruising The Okanagan Auto Group achieves this by providing a forum of communication for all Car Clubs and individuals to share information about auto related events and developments in local car culture. The CTO website and Facebook page are fantastic resources for information on the latest announcements about upcoming car shows and swap meets that are now in full swing after a two year hiatus during Covid-19 pandemic restrictions.

During such time when opportunities for car lovers to gather were put on hold, a group of enthusiasts began meeting in 2021 at designated places for "Cruise-Ins" on back country roads around the Okanagan, to "keep the car culture alive!" Eckhart said. At this point, a Sun Valley Cruisers Facebook page created in 2019 was reaching new levels of growth and becoming a platform of communication for many car clubs. In response to the increasing demand for an expansion of services related to car culture, Sun Valley Cruisers became incorporated as the Cruising The Okanagan Auto Group (a non-profit

organization), and a website was developed.

Randy Barton, CEO of Cruising The Okanagan Auto Group, began filming local car events in 2016, and the videos have gained wide-spread popularity amongst car enthusiasts. Today, Eckhart and Ed Kriger now host On the Road with CTO, and their film productions will soon be appearing on Shaw Cable. Most recently, CTO hit the road to document their tour of the Dreamcycle Motorcycle Museum in Sorrento, BC. A prior cruise led them to the Muscle Car Saloon in Kamloops, BC – an establishment with plenty of authentic memorabilia. These films and others, including Discovering Auto Treasures with Wayne Kippert, are featured at cruisingtheokanagan.com.

As mentioned, there are already many car events scheduled on the CTO Calendar for 2022. To highlight a few, beginning in May, Shuswap Coffee and Cars will resume meeting every first and third Sunday of the month at the Sorrento Centre parking lot, 9:00 am to 11:00 am. With cruises out to the North Shuswap

Hub in Scotch Creek to be announced. This is exciting news, especially since Eckhart reported that there have been twenty new members from the North Shuswap join the Car Club in the past two months.

The White Post Classic Car and Parts Swap Meet in Tappen is coming up on May 7 between 8:00 am and 3:00 pm. And, Eckhart will be there at the CTO Vendor Booth with her muscle car, a 2011 2SS/RS, 6.2 L 6 Speed, 427 HP Camaro that she "loves to cruise in."

The Lumby Car Show, sponsored by Cruising The Okanagan Auto Group, is taking place on June 11 and 12 at the Oval Park in Lumby. The Feature Car is Mitch Mitchell's 1940 Ford Coupe,

(continued on page 27)



Coffee & Cars
May 1 in Sorrento.
Pictures shared from Cruising the
Okanagan Facebook page

with prizes and trophies to be awarded at the Car Show. Live music, mid-way rides, food kiosks, beer gardens, an antique show, and wrestling competitions, are just some of the attractions to be found at this fundraising event. On-line registration is now open, and more details can be found on their website.

Thereafter, the June 19 Notch Hill Father's Day Cruise will begin at 10:00 am on Notch Hill Road in Sor-

rento, and run until 2:00 pm. Registration is available on the CTO website.

To become a CTO member, promote your Car Club, or for any other inquiries, including information about video production and the Sponsorship Packages that Cruising The Okanagan Auto Group offers, please contact Anna-Marie Eckhart at cruisingtheokanagan@gmail.com.



2011 2SS/RS Camaro, 6spd, 6.2L, 427HP
Car and photo credit: Anna-Marie Eckhart.

Sponsorship Packages that Cruising The Okanagan Auto Group offers, please contact Anna-Marie Eckhart at cruisingtheokanagan@gmail.com.

Copper Island Health and Wellness

By Sandra Reutlinger

We have had a lot going on at the Copper Island Health and Wellness Centre. Health and Wellness Webinars and our online fundraising were a lot of fun. Congratulations to our 50/50 Raffle winner Nick Cakov who won \$1202.50. Big thank you to all who played.

Prevention. Treatment. Management. These are words we often use when speaking about our health and medical conditions. We know that stress and sleep contribute to our health. How often though do we say that meals matter? Register to join us on the afternoon of May 11 from 1:00-4:00 pm for a session on Nutrition for Seniors held at the Blind Bay Memorial Hall. Jerre Paquette will teach on how to use nutritious food to better our health, aging process and to prevent and control disease.

When it comes to our health, sometimes we could use just a little help with things like checking our blood pressure and

vitals, helping us know how to monitor or manage diabetes and COPD, assess our fall risk etc.

Community Paramedic is at The Centre on the last Thursday of the month from 8:00-12:00 and would be happy to see you.

The Walking For Fitness Program is ongoing up at Shuswap Lake Estates Monday and Thurs 1:30 to 2:15pm. Call us for more information. Middle of May you will be able to book an appointment for the Mobile Mammogram which will be set up for July 29.

How about walking on a pristinely landscaped green space?! Sign up for the Annual Hybrids & Hijinks Golf Tournament at Shuswap Lake Estates Golf Course on June 26, 3 pm start. Join us for the event! \$80 per person (includes 9 holes of golf and dinner). Lots of prizes to be won such as closest to the pin, hole in one, longest drive, team prizes and silent auction too.



Sue McCrae with Nick Cakov - winner of the 50-50 Raffle

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Invasive Species Action Month

SWC/CSISS Release

Invasive Species Action Month is a timely reminder that boaters and watercraft users must Clean-Drain-Dry, stop for watercraft inspection

With the arrival of May and warmer weather in the Shuswap, many of us are now thinking about lake cruises, paddling, fishing, and tow sports. May is also Invasive Species Action Month and for two Shuswap-based organizations that means it's time focus on aquatic invasive species prevention. The increased movement of boats and other watercraft into and around the Shuswap means there's an increased risk of moving aquatic invasive species into or around the Shuswap.

The invasive species of utmost concern are Zebra and Quagga Mussels (ZQM) - two small, freshwater mussels that originate in Europe. ZQM originate in Europe, and have invaded waters in the Great Lakes, Manitoba, and many watersheds in the US including as far west as California. Fortunately, ZQM have not invaded BC or our nearest neighbour Alberta. The Shuswap Watershed Council (SWC) and Columbia Shuswap Invasive Species Society (CSISS) are working together to educate the public about how to keep invasive mussels out of the Shuswap.

"The problem with ZQM is that they cling to and form colonies on objects under water: on boats and inside engine compartments, on dock pilings, water supply and irrigation pipes, inside hydro-electric facilities - anything," says Erin Vieira, Program Manager for the SWC. "This imposes costly, nuisance maintenance to rid these items of the colonies. And, it's impossible to get rid of them for good," Vieira adds. It's estimated that maintenance associated with ZQM would cost BC tax-payers \$43M per year.

That's not all. "The mussels will litter beaches with their razor-sharp shells when they die. They produce foul odours, and they pollute water quality which puts the lake ecosys-

tem and drinking water at risk," Vieira says. Recent studies in the Great Lakes have linked invasive mussels to toxic algal blooms.

"Boat and watercraft owners have an important part to play in preventing the spread of invasive mussels," says Sue Davies-McGill, Acting Executive Director of CSISS. "Inva-

sive mussels invade new waterbodies by 'hitch hiking' on boats, fishing gear, and other watercraft including canoes and paddleboards."

Watercraft from outside BC could potentially be infested with invasive mussels. It could take just one infested watercraft launching into the Shuswap to start a new population of invasive mussels.

ZQM grow to about 1 centimeter in diameter, and may be attached to watercraft or inside compartments or other hard-to-spot areas. Juvenile mussels are free-swimming and microscopic – impossible



BC Watercraft Inspection Station.
Photo credit: BC Conservation Officer Service

to detect with the human eye.

There are prevention measures that boat and watercraft owners need to follow. "Clean, drain, and dry your watercraft every time you move it out of a lake or waterbody," explains Davies-McGill. "By doing this, you're greatly eliminating the chance that you're moving invasive species."

Clean-Drain-Dry includes cleaning mud, plant material and other debris from your watercraft and gear; draining all compartments onto dry land; and ensuring your watercraft is thoroughly dried out before re-launching. It's an important step because invasive species can get moved around attached to watercraft or trapped in small amounts of standing water.

"Additionally, stop at watercraft inspection stations when you travel," Davies-McGill adds. Highway-side inspection stations are set up at entry-points to BC staffed by the Conservation Officer service. "All travellers with watercraft must stop. Watercraft will be inspected and, if necessary, decontaminated - free of charge." Watercraft inspection is mandatory, and failing to stop for inspection carries a heavy fine.

(Continued to page 29)


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South Shuswap First Responders Rainy-Day Tips

By Sandra Reutlinger

April showers bring May flowers, and it still rains in May too.

Why is a First Responder talking about the rain? Because we want you to be safe and to remind you of some rainy-day tips. For driving, ensure your windshield wipers are in good condition and working well. Great idea to check all car lights: headlights, brake lights, signals, fog and driving lights. Remember to turn them on in rainy weather. Never use cruise control when it's raining. What you can do is automatically turn on your defrost when it's raining to ensure visibility isn't impaired at all. Drive for the conditions, meaning slow down, give yourself more travel time along with more space and time for steady braking. Drive defensively.

What about walking? Yeah, remember that time you came in from the rain and had

those slippery soled shoes on and forgot about how slick they would be on the polished concrete and wiped out with your arms full of groceries? I remember because that was me just the other day. Whoosh, my feet went right out from under me. So, learn from my bruised back side and remember the rain makes things slick. So does the build up of mud on your shoes. What about visibility when your glasses are all spotted with rain? So much to think about and yet if we think ahead about all the different conditions affecting how we walk, run, cycle and drive, then we can help to avoid unnecessary accidents.

When accidents do happen and there is a medical emergency, it is comforting to know that the South Shuswap First Responders are close by, trained and ready to respond.

For information on how to obtain a reflective address sign for your house or business, email ssfr@shaw.ca



Invasive Species Action Month


(Continued from page 28)

Watercraft inspection isn't required when travelling within BC. However, Shuswap residents can help raise awareness for the importance of inspection. "We encourage residents to talk to their out-of-province family and friends that plan to travel to the Shuswap with their watercraft. The more people that practice Clean-Drain-Dry and stop for watercraft inspection, the less vulnerable we are to an infestation," Vieira adds.

Clean-Drain-Dry and watercraft inspection apply to all kinds of watercraft: sport boats, fishing boats, kayaks, canoes, paddleboards, personal watercraft, and more.

These prevention measures will also slow down the spread of existing invasive species that occur in the Shuswap, including Eurasian water milfoil and invasive freshwater clams.

Any suspected transport, possession, or sightings of zebra and quagga mussels should be reported to the Provincial RAPP line at 1-877-952-7277. For more information about bringing a boat or other watercraft into BC, visit the provincial website <https://www2.gov.bc.ca/gov/content/invasive-mussels>. For more information on zebra and quagga mussels, visit the SWC's website at www.shuswapwater.ca.



Do you own waterfront property on Shuswap or surrounding lakes? Stay informed with SWOA

Shuswap waterfront owners are faced with new and changing regulations from all levels of government.

- We successfully lobbied local and provincial governments to allow for larger docks.
- We advocate for waterfront owners rights and keep our members informed of their responsibilities
- We continue to monitor the activities on the Shuswap Watershed Council and stress responsible use of taxpayers dollars
- We actively support local and provincial efforts to prevent the introduction of Zebra and Quagga mussels to BC.
- Our board members have over 300 years of experience on the Shuswap, and are familiar with issues like the new changes to the Federal Fisheries Act
- We continue to keep our members updated on the status of buoys and their removal


A two year membership of \$50 will help you to stay current on issues, give you access to expert advice and to the SWOA website with information on lake regulations associated with living and building on the lake.

Shuswap Waterfront Owners Association
 go to SWOA.ca and click **JOIN SWOA**
 For more information email info@swoa.ca



ANNUAL HIGHLIGHTS FOR 2021-22

The **Shuswap Watershed Council** has published their annual report for 2021-22. Find it on their website!



shuswapwater.ca

Salty Dog is Taking it to the Streets

Media Release

Celebrating its 20th anniversary, the Salty Dog Street Festival returns to downtown Salmon Arm on Saturday, May 14 while the Enduro takes place Sunday, May 15.

This year there will be more activities, displays and entertainment, including the Trials Stars team, for spectators to enjoy on the streets of downtown of Salmon Arm.

“We’re expanding the Salty Street Fest to be more of a spring celebration for the community,” says Tom Peasgood, co-owner of Skookum Cycle and one of the organizers, “We’ll still have lots of bike activities, but we’re adding more live entertainment, art activities, street performers and buskers.

“This year as well we are bringing in Trials Stars Bike Demonstration Team consisting of two of North America’s top bike trial riders, Jeff Anderson and Steve Dickin. We want to welcome everyone downtown for the festival, not just bike lovers. It’s a good chance for everyone to get out and experience the festival and the awesome businesses we have in downtown Salmon Arm.”

The cornerstone of Salty Dog Street Festival is still the bicycle activities built around the Salty Dog Enduro Race held on May 15 at South Canoe trails.

“The Salty Dog Enduro Race is part of the main-

stream bike culture in our province,” says Peasgood. “The Salty Street Fest on Saturday makes it even more attractive for people to come from out of town to our community and make a weekend of the race.”

Revelstoke and Silverstar will be on location to promote their summer bike resorts, and bike reps will be on location showing off their new season wares. And for people looking to upgrade their bike this year, why not bring your old ride down to the Bike Swap? BC’s largest bike swap is organized by the Shuswap Cycling Club.

Live entertainment, tasting food treats, wandering through displays of the latest bike gear, getting faces painted, petting a bunny, test riding a bicycle, riding the bike rodeo or admiring the skills of the Trials Stars are all activities people can expect on the street. Visitors might pick up trail maps for the coming season, try their hand at an art project, learn sustainable gardening techniques, Fire Safety, or about Zest- our community commercial kitchen. The farmers market will also be running further down Hudson St. on Saturday so folks can wander down and take in the wonderful food, drink and handcrafts.

Check out SaltyStreetFest.com for more information on the events and times including a detailed itinerary.



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SOUTH SHUSWAP SCOOP

SASCU supports the Shuswap North Okanagan Rail Trail with \$50,000

Media Release

The Shuswap North Okanagan Rail Trail celebrated Earth Day with an announcement of a \$50,000 donation from Salmon Arm Savings and Credit Union Financial Group toward the construction of the rail trail. Dave King, Chair of SAS-CU Board of Directors, presented a cheque to rail trail owners Splatsin Kukpi7 Doug Thomas, Columbia Shuswap Regional District Board Chair Kevin Flynn, and Regional District of North Okanagan Board Representative Councillor Brian Schreiner.

"This project will help build connections among neighbours and foster healthy living," said King. "We are so pleased to support this environmentally and community-driven initiative that has brought together partners from across the region." Since 2008, SASCU has contributed more than \$2.3 million to support the Shuswap, with five percent of net operating income going toward community non-profit organizations and initiatives.

On behalf of Splatsin, Kukpi7 Doug Thomas thanked SASCU for the \$50,000 donation to the Shuswap North Okanagan Rail Trail. In Splatsin history, the railway represented a division of land and a loss of resources. Projects such as this one provide an opportunity for all involved to partake in reconciliation and to work together towards a common goal. For decades, there was little acknowledgement of the unceded territory that is British Columbia. To hear this may be startling to many British Columbians, however, partnering with First Nations and learning of the ways they lived off the land for thousands of years, will benefit and hopefully revive the practice of "take what you need, use all that you take". This was vital to ensure that there were resources available for those yet unborn. The economic and land man-

agement benefits are the tip of the iceberg; the rail trail will promote a healthy lifestyle and exercise, family outings, the appreciation of nature and knowledge of the land as well as an improved understanding of the Secwepemc values and culture.

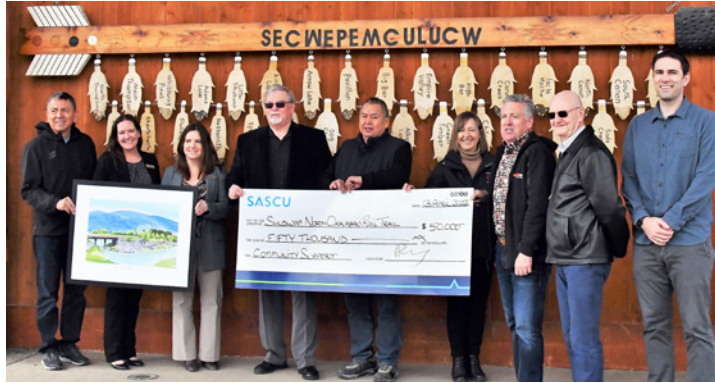
The announcement was made at Splatsin Community Centre where the first pilot section will be constructed between

Splatsin and Enderby. The second section approved for construction will begin in Sicamous (km 0) to Mara (km 19.8) to address rock scaling, road crossings, bridge decking, safety signage, preliminary grading, and erosion.

The Capital Fundraising Campaign encourages corporate and community donors to support the rail trail project by making donations, as many grant applications require a matching financial

commitment to qualify. All contributions are tax-deductible. Every dollar donated is leveraged for grants to construct additional kilometres on the rail trail.

For more information or to donate, visit www.Shuswap-NorthOkanaganRailTrail.ca/donate



SASCU presents cheque to rail trail owners, Splatsin, CSRD and RDNO. Photo contributed.

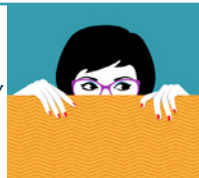
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Sorrento Centre

Hope and Beauty and Music

By Mary Scheidegger,
Communications Manager

The world needs hope and beauty and music. Now more than ever. Here at Sorrento Centre, we feel that deeply and when we look at the world around us, we feel compelled to look for and share peace and love and hope.

We want to share through nature, through music, through laughter, through prayer and through community. Our rich and abundant flower beds are blooming with tulips and hyacinth, and soon we'll see rosebuds peeking out as visual reminders of beauty amongst thorns.

Before we know it, as joyful sounds of music and laughter ring out, we'll begin to see even more hope-filled symbols of peace!

Did you know

the sunflower is the national flower of Ukraine, and it is long recognized as a symbol of peace? Bright yellow sunflowers are being planted all over our campus by visiting youth, friends and staff of the centre and our valued guests.

We want to share these symbols of hope – flowers and music – with you.

We want to share the sunflowers – as they blossom, we will offer the flowers to our guests and our neighbours over the summer – and collect donations to support Ukrainian mothers and children. As you may know, mothers and children are being evacuated from Ukraine as the violence of the war carries on. A growing number are arriving in Calgary, and other Canadian cities, often with little more than the clothing on their backs. They are being welcomed with backpacks

stuffed with clothing and other useful things, including toys and books. We are very proud to support these acts of loving-kindness and look forward to sharing this vision with our guests and our community when we see you out and about at various events.

We want to share the love that hope can bring through live music! Here at Sorrento Centre, it's been quieter than usual these past years. But that's about to change

as the beautiful sounds of music and laughter rise up from our playing fields and bandstand and every campsite. If you are

in the area in mid-June you will hear the happy friendly notes of the ukulele floating out as we welcome The Ukulele Orchestra of Kamloops as they gather for their annual Summer Ukulele Festival. This sold-out event is the perfect kick off to our summer of music and joy.

If swing is more your style, you won't want to miss out on the friendly BC Swing Camp - back again in August for five days of music and dance! People do not come to swing camp to sleep! There are seminars and workshops dedicated to Brazilian music (boss, samba, choro), more contemporary jazz, blues, percussion, vocal harmony, improv, and many other aspects of jazz.

Can you hear that twang of the banjo and the boom boom boom of the acoustic

(continued on page 33)



Sunflower, Ukraine's national flower.

Picture credit: Dennis Laughton

Arts Council



By *Jacquie Middlekoop*

Small Hall Music Crawl 2022

The Small Hall Music Crawl concert series of 2022 wrapped up last month with its final concert at the Eagle Bay Community Hall. A huge thank you to all the volunteers who worked tirelessly to ensure each performance of the series was a success. We'd also like to thank and recognize the Small Hall Crawl's sponsors of 2022: BC Arts Council, Creative BC, BC Touring Council, Quaaout Lodge and Talking Rock Golf Course, Sunnybrae Vineyards and Winery, Crannog Ales, Shuswap Cider Co., Shuswap Coffee Company, Sunnybrae Community Association, Carlin Hall Community Association, and Eagle Bay Community Association. The Small Hall Crawl will return next year, thanks for your support!

Shuswap Culture Area Events and Happenings

Check out these area events happening in your community this month!

Mother's Day Pancake Breakfast at Notch Hill Hall, May 8, 8:00 am to 12:00 pm

Book your Mother's Day pancake breakfast at the historical Notch Hill Hall. Enjoy a two pancake, two sausage breakfast, fruit garnish served with coffee, tea, or water for \$10 cash per per-

son. Indoor and outdoor seating available.

The Arts Council for the South Shuswap is proud to present the FACES Year End Showcase - May 15, 2:00 pm at Carlin Hall. Come celebrate the wonderful work done by the FACES dance, music and theatre students. Tickets are \$7 and are available through Eventbrite.

White Lake Community Event on May 28, 9:00 am to 2:00 pm.

The WLRA, in conjunction with the White Lake Hall Society and the White Lake Fire Department, are hosting a community event. Please join us for a day of entertainment with a BBQ by donation, information booths and displays from RCMSAR, the WLFD, and WLRA, a 20 vendor market, a silent auction, and a bake sale.

May Coffee House Events in the Shuswap:

- Carlin Hall Coffee House: May 7 at 7:00 pm – Feature Act: Allayama. Tickets \$5
- Sunnybrae Hall Coffee House: May 14 at 7:30 pm. Featuring Chicken-Like Birds Tickets \$5
- Gleneden Community Hall Coffee House: May 21 at 6:30 pm. Tickets \$4
- Eagle Bay Hall: May 28, 7:30 pm. Featuring The Stumps

Sorrento Centre Hope and Beauty and Music

continued from page 32

bass? That's the sound of the joyful and foot-stomping fun at the NimbleFingers Bluegrass & Old-Time Workshops and Festival back again for two weeks, August 14 to 26, of band scrambles, student and instructor concerts, campground jam sessions, hosted jams, bluegrass karaoke and old-time dances! Two separate weeks of workshops are offered and many of the participants stay for both. It's a great chance to connect with your musical community, and immerse yourself in music, songs and stories. Right here, in the heart of Sorrento! Registration is now open at www.nimblefingers.ca

For more information about activities at Sorrento, go to www.sorrentocentre.ca

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Dancing with the Junior Shuswap Stars



Media Release

After a successful run at last year's Dancing with the Shuswap Stars event, the Junior Dance Category will be back in 2022.

There is an incredible amount of youth dance talent in the Shuswap and this competition gives young dancers a place to showcase their talents and the chance to use their skills to raise money for the Shuswap Hospice Society.

Dancers under the age of 18 can submit a dance video, which will be posted for viewing on the Dancing with the Shuswap Stars website. Fans will be able to vote on which video performance is their favorite by purchasing stars for a \$5 donation to Shuswap Hospice.

At the beginning of November, the video performances will be tallied by the number of votes and the three performances with the most votes will move forward.



Kassidy Chernoff
one of the Top 3 winners

Those three dances will be featured as part of the live gala show.

At that time, supporters will again be able to purchase votes for their preferred dance performance. The total number of votes from pre-show and the live show will be added together and the winner will be the ju-



Paige Hughes, last year's junior dance champion, receiving her trophy from Cookie Langenfeld, Shuswap Hospice Executive Director, and event MC Jared King.

nior dance performance with the most votes. There will be no direct judging or critique of contestants either online or in-person – winners will be based on audience votes only.

Entries can include solo performances, duos or groups, but all entrants must have parental permission and agree to follow all Dancing with the Shuswap Stars' COVID-19 protocols. Entries are limited to three videos per dancer.

Entry to the Junior Dance Competition is free and open to all dancers in the Shuswap aged 18 or under. All dance styles are welcome, from hip-hop to ballet. Videos need to be

clear, but do not need to be professional quality – so break out your phone and get dancing!

Deadline for submitting video is June 30, 2022.

Please see the Dancing with the Shuswap Stars website, www.shuswapstars.ca for all rules and entry forms.

Completed entries can be emailed to dancer@shuswapstars.ca



Ava Lamerton,
one of the Top 3 winners

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On Behalf of Hummingbirds

By Jo Anne Malpass

Hummingbirds may be some of the smallest birds in the world but fluttering those tiny wings can be quite a workout. Flapping away at up to 90 beats per second burns up calories fast. To maintain their momentum, hummingbirds need to eat—a lot!

The Audubon Society says that to satisfy their speedy metabolisms, these busy birds consume half their body weight in bugs and nectar, feeding every 10-15 minutes and visiting 1,000-2,000 flowers per day.

“You can help these hardworking foragers get the nutrients they need by providing them with their favorite post-workout meal—nectar. By filling your feeder with this DIY delight, you can complement nectar-rich plants and watch these beautiful little birds feed and flitter all day.”

Mix ¼ cup sugar with one cup of boiling water until sugar is dissolved. Cool and fill feeder. “Please do not substitute honey, which can promote dangerous fungal growth, or use red food coloring, which is not necessary and could also prove harmful to birds.” This same warning can be found on many other wildlife websites.

The Veterinary Technicians Facebook page recently posted, along with the photo:

This hummingbird is unable to retract her tongue due to fungal spores that have germinated on her tongue or in her gullet caused by folks mixing honey or anything other than plain white sugar with water. She will die because she can no longer feed.

If you have feeders, **PLEASE USE**

ONLY PLAIN WHITE SUGAR in your mixture of 1 part sugar to 4 parts water. No organic or raw or brown sugar, no powdered sugar, no honey, no artificial sugar. Use plain white sugar/water mixture which is most similar to actual flower nectar. And no toxic red color liquids such as koolaid etc.!

Change the sugar water mixture every couple of days, especially during high temperatures, as it will start to ferment if it sits out for days on end.

If you can't or won't do this, please do not put out a feeder at all.”

The Cornell Lab All about Birds website says the best-sized feeders are those that are emptied every day or two by the hummingbirds you have. Bacteria and mold grow in sugar water, and sugar ferments, so hummingbird water should never be left out for more than two or three days, and changed daily in very hot weather. The easier it is to clean a hummingbird feeder, the more likely you are to do it often and well. The fill hole should be large enough for you to be able to get a bottlebrush inside, and every crevice should be easy to scrub.

During hot, dry weather, when hummingbirds risk dehydration, it's best to make your mixture no stronger than a quarter cup of sugar per cup of water. But during cold, rainy spells, making the mixture a bit stronger, up to about a third cup of sugar per



This hummingbird will not survive because she can no longer feed.

Photo from Veterinary Technicians Facebook

cup of water, will not hurt your birds and may help them.

The Audubon Society also recommends planting nectar-bearing native plants in your yard or community to attract hummingbirds naturally. If you're short on space, you can even plant a simple container garden. This gives hummingbirds access to a complete diet of natural nectar and the tiny insects that they eat for protein.

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Sorrento Lions Club



By Judi Kembel

We were pleased with the turn out for our Community Appreciation Night and free spaghetti dinner on April 7, 2022. Everyone who attended seemed to enjoy the dinner and power point presentation.

A very special thank you to the Shuswap Estates Community Centre, the Barker family and receptionist Denise for allowing us the use of your wonderful facility. We look forward to holding our Senior's Christmas Party and Silent Auction there on November 26, 2022.

Our annual Easter Egg Hunt was a resounding success. We estimate over 400 in attendance – children, parents and grandparents. The River of Life Church served free hot

dogs, coffee and hot chocolate and we scattered approximately 7,000 foil wrapped chocolate eggs in the fenced area as well as around the field. There

was an Easter Bonnet contest and the Easter Bunny arrived as usual by Fire truck with even more eggs. Thank you to 4 H members for “scooping” the day before and bringing two sweet lambs for everyone to admire and pet.

We have once again been asked to hold our pancake breakfasts at the Sorrento Farmers' Markets and will be there on opening day, May 7th – Mother's Day

weekend. Our famous pancakes, sausages and juice boxes will be available by donation.

(continued on page 37)



The Easter Bunny came with more chocolate eggs

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Approximately 400 people attended the Easter celebration at Sorrento / Blind Bay Park. Photos contributed.

We held our election of officers at our last meeting and we are proud to introduce our new President - Lion Leona; 1st Vice President - Lion Gary; Treasurer - Lion Brian; Secretary - Lion Judi; and Directors - Lions Wayne, Patrick and Bob.

We will be celebrating our 49th Charter Night on May 5th and will report on the event in the June issue.

Our weekly meat draws continue at the Copper Island Pub in Sorrento every Friday from 5:00 pm to 7:00 pm until June 24, 2022. Come join the fun and win some meat. 50/50 draw is made at 7:00 pm. Tickets are \$1.00 each and good for every draw.

We look forward to continuing our work in the community and new members are always welcome. If you are interested in helping in your community, please consider joining our club as either a member or a "Friend of the Lions" volunteer.



Part of the festivities included an Easter Bonnet contest

Both women and men over 19 years of age are welcome to join. We meet on the 1st and 3rd Thursday of the month (September to June) at 6:45 pm at the Shuswap Lions Manor, 2780 Falaise Road, Sorrento. If you would like more information about becoming a Lion, please contact the Sorrento

Lions Club at our email address: sorrentolionsclub@yahoo.ca. We would love to hear from you! Check out our website at <http://e-clubhouse.org/sites/sorrentobc/>

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To some golfers,
the greatest handicap
is the ability to add
correctly



Sorrento Memorial Hall

By Corryn Grayston

The Board has been busy since our last article, continuing to build on our plans to refresh and revitalize the Hall in anticipation of many more bookings and events for this year and continuing forward.

We successfully applied for a grant through the Shuswap Community Foundation and are currently working to purchase a new beverage cooler, pour over coffee



Sorrento Memorial Hall

station, large round tables and various new linens to complement the listing of available rental offerings at the Hall when booking events. We are extremely thankful for the funding from Shuswap Community Foundation.

In addition, the CSRD very graciously approved funding for an architectural concept drawing of potential improvements and changes for the Sorrento Memorial Hall. We are working with a local architectural firm to design the existing space and incorporate a more progressive floor plan that can be utilized for multiple purposes. We are also exploring the option to expand and further develop the current outdoor space to offer additional opportunities for usage by our community and others. Once again, the CSRD has been an instrumental supporter of the Memorial Hall and we wish to thank them for their support and encouragement to continue to move forward on our vision for the Memorial Hall.

As mentioned last month, we are developing a community survey that will be avail-

able in the very near future and is intended to solicit the "wish list" of improvements and offerings that you would like to have at the Sorrento Memorial Hall. We hope to be able to blend in as many suggested options and offerings as possible. We are working towards a vision that also includes a number of

regularly scheduled programs and events to happen at the Hall.

The website is still under construction as we speak and we plan to launch in May. The website will hold all types of information, such as an online booking program, rental opportunities and applicable booking rates, community information and more.

With all this exciting activity going on, we also have our Annual General Meeting in May. The Sorrento Memorial Hall Association AGM will be on May 30, starting at 7:00 pm and hosted at the Hall (1150 Passchendaele Road). Please RSVP to sorrentomemorialhall@gmail.com.

We are also inviting community members to consider joining our Board of Directors. We are excited about the future of the Sorrento Memorial Hall and would welcome interested community members to become part of this new and engaging time for the Hall. As a Board we meet once a month, excluding July & August. Contact Corryn Grayston at 250-515-1868 if you want to learn more about being part of our vibrant Board of Directors.



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Cedar Heights Community Association

Where neighbours become friends

By *Shaunne Letourneau*

It has been wonderful to be able to get together with our neighbors and friends at various indoor and outdoor events and activities this spring, with more to look forward to as summer is on the horizon. Along with our regular indoor activities of keep fit, canasta, snooker etc we held two events in March to celebrate St Patrick's Day. The Pot Luck with an Irish food theme was well attended and the various Irish stews and potato dishes were enjoyed by all. The Shed Party was a rousing success. As always, Peter Blacklock, accompanied by our own Ukulele band, led those attending in a sing along with a variety of Irish tunes.

In April, the indoor and outdoor spaces were given a thorough spring clean to clear out the winter cobwebs so we are ready for summer visitors. Many thanks to the volunteers who so willingly took on the many clean up tasks. As well, the Pickleball courts opened for play. Check out the website for more details on dates and times of organized games.

May will see the opening of the golf course. It is a Par 3 course and is great for family play or for practicing your short game. A free Bocce Clinic will be held on the Centre Bocce Courts May 19. If you are interested in learning how to play Bocce, our in-house experts will be on hand for the lessons. To sign up email Rosie at rosied@shaw.ca The times for the lessons are 10:00am – noon OR 2:00-4:00 pm. This free clinic is open to members and non-members.

June will see the launch of a new Yoga program and a returning favorite – Lobsterfest. Yoga will be offered as a once a week, six-week long program. You can choose the Wednesday session that will be from 7:00-8:00 pm June 8 to July 13 OR Friday morning June 10 to July 15 from 9:00-10:00 am. The

fee for the six weeks is \$60. You can register Tuesday's or Thursday's from 1:00-3:00 pm or call 250 675-2012. Spaces are limited so don't delay! Cedar Heights memberships are also available at this time.



St Patrick's Day Pot Luck

Lobsterfest is our very popular annual feast of East coast lobster, all the fixings AND door prizes! This event will be Friday, June 11 with cocktails at 5:30 and dinner at 6 pm. Tickets are on sale to Cedar Heights members May 3rd and 5th from 1:00-3:00 pm and open to the general public May 10 – May 24 during office hours Tuesday's and Thursday's from 1:00-

3:00 pm at the Centre (2316 Lakeview Drive, Blind Bay). Tickets are \$45 for members and \$60 for non-members.

For details on programs and events check out our website: cedarheightscommunity.ca

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Carlin Hall Community Association

By Jane Stephenson

April showers bring May flowers? We have not had too much in the way of rain, or warmth for that matter. Some plants are creeping up but they seem to be a little uncertain about the chilly weather.

With a busy wrap up of regular programming at Carlin Hall, there are still a couple of events happening prior to the July and August hiatus.

CHCA Board of Directors is pleased to welcome, on **Friday June 3 at 7:00, SCOTT COOK in CONCERT.** Alberta's Scott Cook (www.scottcook.net) has been living out of a van or a backpack for a dozen years now, touring almost incessantly across Canada, the US, Europe, Asia, Australia and elsewhere, and distilling his experiences into straight-talking, keenly observant verse. His fourth independent release, *One More Time Around*, was nominated for a Canadian Folk Music Award, and its opening track "Pass It Along" won the Folk and Acoustic category in the 2013 UK Songwriting Contest, with UK magazine *Maverick Country* naming him "one of Canada's most inspiring and imaginative storytellers".

His sixth studio album *Further Down the Line* won him his second CFMA nomination (English Songwriter of the Year), and comes packaged in a 132-page book containing a look back, in words and pictures, on a decade of full-time travel. He's currently touring in support of his seventh collection, *Tangle of Souls*, which comes in a hardcover book of road stories and ruminations, both personal and political. Cook is one of the hardest-working

DIY troubadours on the road today, averaging around 150 shows including a dozen festivals every year since 2007. All the hard miles notwithstanding, he still believes that songs can change your life, and your life can change the world.

"As good a modern folkie as we have these days. A voice perfect for the genre. An understanding beyond the norm." – No Depression

"He sings his heart and soul, and in doing so lets light flood into your own... Truly one of Woody Guthrie's children." – *RnR Magazine*

Tickets for SCOTT COOK in CONCERT are through shuswaptickets.com \$20 in advance, \$25 at the door. Rush seating. Doors open at 6:30.

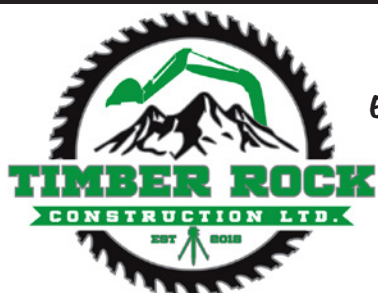
The June 4 coffeehouse will be the last one until fall and Carlin Hall is pleased to be featuring the Mountain Mamas, all the way from the North Shore. This band's repertoire will surely have you tapping your toes and singing along. Opening the evening will be Diana Robinson, The Mobley Road Ramblers, and Jasmin Frederickson. It's sure to be a great wrap up for the coffeehouse season. In keeping with tradition, this coffeehouse will be in support of the Second Harvest Food Bank. Your non-perishable food items and/or monetary donations will be greatly appreciated.

As the busiest time of the year at Carlin Hall draws to an end, there may be surprises during the summer months. Keep watch at carlin-hall.net

Until next time, take good care of yourselves and one another.



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By James Clark

Our last Sunnybrae Coffeehouse of the (shorter than usual) season is coming on Saturday, May 14.

It has been so great to see this Community event return to the Sunnybrae Hall along with all the musicians and supporters. Huge thanks to everyone involved last month, and a special mention to the beloved Birchbark who put on a fabulous feature show.

Coming up for May is the much-adored Chicken-Like Birds! Having moved to the Shuswap from Vancouver a good handful of years ago now, Jasmin

Frederickson (vocals, upright bass) and Ari Lantela (vocals, guitar, sometimes a surprise) quickly won the hearts (and continue to do so) of many a music fan in the area, and we are thrilled to have them back to the stage for what is sure to be an entertaining night of original country-blues, ragtime, and whatever else they may conjure up for us.

Tickets are \$5 at the door, the sign-up performer list will be awaiting anyone who wishes to perform, doors will open at 6:30pm and the show will begin 7:30pm. Join us for the finale as we bring in the good weather!



Featuring Chicken-Like Birds at the last Coffeehouse on May 14

Students Planting Trees in Recognition

By Jo Anne Malpass

On Earth Day, as part of a larger effort to plant trees and shrubs in recognition and empathy of the children who did not return from the Kamloops Residential School, students from Haldane Elementary in Chase planted trees, went on an educational forest walk, and learned about Invasive Species at Tsútsweew Provincial Park on April 22.

Small Wetlands Association (which obtained funding from Natural Resource Canada's Two Billion Trees by 2030 Project) supplied the trees. BCSWA collaborates with Secwepemc Elders to create Reconciliation in Action events that include ceremonies and education on the cultural uses of the trees, based on the traditional knowledge of Secwepemc Elder Dr. Mary Thomas. Mary's sister was one of the missing children of Kamloops Residential School.



Photo credit: The Adams River Salmon Society

Chase Secondary Senior Secwepmesin Language Class planted 20 Aspen, Chokecherry and Douglas Maple Trees at Tsútsweew Park with First Nations Language Teacher Ivy Chelsea and her mother Eskit Elder Phyllis Chelsea. 60 Grade 6 students planted approx. 140 conifer plugs with the support of Brenda Melnychuk, HCTF Education Facilitator and volunteer assistance from Interfor, DFO, and The Adams River Salmon Society members.

Trees were also planted at several local schools as part of the reconciliation effort, including Carlin Elementary Mid-



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dle School on April 20, planting 78 trees. Elders from the Little Shuswap Lake Band participated in a remembrance ceremony.

Sorrento Elementary, in partnership with the Sorrento Centre, on April 21, planted 50 deciduous trees and 10 shrubs. Bonnie Thomas, daughter of Mary Thomas, helped make interpretive signage. Elders John Jules and Angelina Wells took part in the ceremony.

On April 25, North Shuswap Elementary planted 60 deciduous trees on school grounds for bio-diversification of their schoolyard, on April 27 Kamloops Christian School planted over 25 trees and plants and on April 28 Salmon Arm West Elementary students planted 30 trees after an educational ceremony by elder John Jules watching over the PLANTING OF HOPE FOR THE FUTURE.

Shuswap Overland Adventures

The Good Luck Spike

By Jason Lutterman

Fishing is not an escape from life, but often a deeper immersion into it. - Harry Middleton

There is a 63-kilometre stretch of water that has hosted countless moments of joy over the last few years. Stretching west away from Little Shuswap Lake, the South Thompson River casually bends its way toward Kamloops ultimately merging with the North Thompson and continuing on as the Thompson River, the largest tributary of the Fraser River.

For someone who loves to spend their day in a pair of waders like myself, this river is a gift. The sheer size of it leads to endless locations to scout out and wet a line. The ability to cast all day without seeing another sole. Though during Salmon season, there are some popular spots that may include hearing your buddy celebrate better luck than yours.

Named after David Thompson, an explorer and topographer for the Northwest Trading Company, it only seems appropriate that you take the time to explore it for yourself and find your new favourite place.

We set out for my "go to" spot last evening. Busier than ever with the responsibilities of the rat race, this reunion with the river has been a long time coming. The scenery at its best this time of season as the vibrant new growth brings a short-lived glow to the valley. Through some polarized lenses I could see some Rainbow Trout of decent size take notice of my fly but not engage, the best I managed was a short follow to the surface before the flick of a tailfin signalled its departure.



Rainbow Trout

Waist deep in the river, the wind began to howl and the ability to cast had left with that last fish. Motivated by the nicest weather yet this spring we had to find another bend on this river to keep fishing. With another location in mind, close and tucked away from the wind, we quickly picked up our packs and headed down river.

As we left, I looked over to see a railroad spike get lifted from the grass where it lay and put into a backpack, a rusted keepsake from the riverbank. Out of the wind and with sunlight beginning to fade, we went back to throwing line into the river, when almost right away a line tightened and the rod bowed,



walking backward for a net and reeling, the fish soon came to shore. A humble Rainbow trout that was back out of the net as quick as it went in. Followed by a Pike Minnow that was feeding off the surface.

For me there are some things that make you who you are, fly fishing with my brother is one of those key ingredients to life. As I watch him reel in these two fish, I start to pay attention to what he's using. A small Fly tied on a vice sometime this winter as we dreamt of days like today.

As quickly as he showed me, his line tightened in a manner not like the other two. The line resisted and the rod bent nearly in half as we looked at each other with that look, we both knew this was one of those world class Trout that keep an angler obsessed. I'm not sure if it was the sun beginning to set or the excitement, but I could barely track the fish in the water as he kept control and attempted to bring the fish toward my net.

The first swipe I made at retrieving this rainbow was met with the first glimpse of it as it slid over the frame and showed it was as big as the net. I could feel the force of the water moved by its tail as I closed in and netted the fish. Just as I did, it spit the hook and I used my free hand to hold the fish in the net. These silicone catch and release nets are designed with the fish's well being in mind and we quickly traded nets for the slightly larger one close by as we gave the trout a rest and took a moment to admire my brother's luck.

Lifelong memories and world class fishing in our backyard and with the gift of life we had just experienced, he returned the favour as he released his hold and we watched it swim away. Days like today last a lifetime and I'll never walk past a rusty old railway spike again. It might just be the good luck that rode in on that wind.

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Community Events Calendar

SOUTH SHUSWAP

Sorrento Drop In Society Hall
- Annual garage sale on May 7, 2022 from 8AM - Noon. Coffee and muffins available. 1148 Passchendaele Road

Sorrento Village Farmers' Market
- May 7 to October 8 Organic Vegetables, Local Art, Live Music & More. Sorrento Lions famous pancake breakfast on May 7. See ad on page 7.

Automotive Antique Swap Meet - May 7 8:00 am to 3:00 pm at White Post Auto Museum - Tappen FMI 250-835-2224

Coffee House at Carlin Hall - May 7, 7pm. Feature act is Allayama (Dave Allan and Naomi). Opening acts Andrea Roberts and Ruben Carter. Tickets at shuswaptickets.com FMI carlinhall.net

Mother's Day Pancake Breakfast
- White Lake Fire Department hosting on Sunday, May 8, 8-11 am at White Lake Community Hall on Parri Road, adjacent to the Fire Hall.

Mothers Day Pancake Breakfast & Mini Market. Sunday May 8, 9am to 12pm. Notch Hill Town Hall. Indoor/outdoor seating. See ad on page 5.

Nutrition for Seniors - May 11 from 1:00-4:00pm at the Blind Bay Hall. Jerre Paquette will teach how to use nutritious food to better our health, aging process and to prevent and control disease. Please register at sshealth@gmail.com. See ad on page 20.

Sorrento Centre Events - AGM & Garden party May 12, Okanagan Knitting Retreat May 27-29. For more info and other events go to sorrentocentre.ca

Coffeehouse at Sunnybrae Community Hall - Last one until fall, May 14, featuring Chicken-Like Birds. Doors open at 6:30pm, show at 7:30pm. Sign up to perform at the door.

FACES Year End Showcase - May 15 at 2:00pm - Carlin Hall - Celebrate the wonderful work done by the FACES dance, music and theatre students. Tickets through Eventbrite.

White Lake Residents Association AGM - Thursday May 19, 7pm at the White Lake Community Hall. www.wlra.ca

Pancake Breakfast - May 21, 8 am to 11am at 3585 Sunnybrae Canoe Pt Rd at the Sunnybrae Seniors Hall.

Sorrento Health AGM - May 25 at 4:30 pm, virtually, using Microsoft Teams. To attend, please email Barry Stokes at stokesbarry54@gmail.com to preregister.

Social Event at Shuswap Cider Company - South Shuswap Chamber member social, May 26 from 5 to 7 pm. Non-members can also attend. To register, visit southshuswapchamber.com

White Lake Community BBQ and Celebration - Saturday May 28, 9am-2pm, White Lake Community Hall. BBQ, vendor market, information booths, silent auction and more. See ad on page 23.

Coffeehouse at Eagle Bay Hall - Saturday May 28, 7:30 pm. Featuring The Stumps

Sorrento Memorial Hall Association AGM - May 30, starting at 7:00 pm at the Hall (1150 Passchendaele Road). Please RSVP to sorrentomemorialhall@gmail.com.

Governance Training for non-profit Boards - One-day workshop June 2 with Deb McClelland of Onboard Training. Interested, call Karen: 250.515.3276.

Scott Cook in Concert - Canadian Folk Musician. June 3, 7pm at Carlin Hall. Tickets at shuswaptickets.com

Coffee House at Carlin Hall - June 4 - featuring the Mountain Mamas from the North Shuswap. Opening will be Diana Robinson, The Mobley Road Ramblers, and Jasmin Frederickson. This coffeehouse will be in support of the Second Harvest Food Bank. Non-perishable food items and/or monetary donations greatly appreciated. Tickets at shuswaptickets.com FMI carlinhall.net

Hamster's Dinner Theatre - is back on June 10, 11 and 12 at Eagle Bay Hall. Tickets on sale at www.eaglebaybc.ca/events, at the Mercantile Store, or call Jane at 250 675-3772.

Lobsterfest at Cedar Heights - all the fixings AND door prizes. Friday, June 11 with cocktails at 5:30 and dinner at 6 pm. Details at cedarheightscommunity.ca

NimbleFingers - registration open now at www.nimblefingers.ca for Bluegrass & oldtime workshops at Sorrento Centre Aug. 14 to 19 and Aug. 21 to 26. Festival Weekend August 19-21.

SuperHost Training - dates in May. Register at southshuswapchamber.com

Annual Hybrids & Hijinks Golf Tournament - supporting Copper Island Health & Wellness Centre, at Shuswap Lake Estates Golf Course on June 26, 3 pm start. 9 holes of golf, dinner, prizes & silent auction. Register before June 12 at sshss.ca/fund-raising, at the golf course, health centre

or email blindbaybunch@gmail.com. See ad on page 27.

South Shuswap Library - BOOKS FOR CONNECTED COOKS 3rd
Thursday of each month at 10 a.m. Registration required. PAGE TURNERS BOOK CLUB Held on the 1st Thursday of each month at 10 a.m. Registration is required. BLIND BAY GARDEN CLUB drop in every 2nd Tuesday of the month at 10 a.m. FIRESIDE KNITTERS 1st and 3rd Friday of each month at 10 a.m. Please call the Branch at 250-675-4818 to register or for more information.

LASS Free Computer Training - for Seniors at South Shuswap Library. Please contact LASS at 250-463-4555. Registration required.

Indoor Walking - Shuswap Lake Estates Community Hall, Mon. & Thurs. 1:30-2:15pm. Sponsored by Copper Island Health & Wellness.

Yin/Yang Yoga - Eagle Bay Hall. Tuesday evenings 6:30-7:45pm. Friday yin only class. 6:15-7:15pm. Contact Shannon at 778 994-5851

Blind Bay Painters: every Tuesday 9:00am - 3:00pm. Contact Trudy (250)253-0320

Hiking group for women - Monthly free organized outdoor experiences. Welcome to The Lady Alliance - Shuswap Chapter. FMI www.shuswapadventuregirl.ca or <https://theladyalliance.com>

Friday Night / Movie Night - at Cedar heights. Doors open at 6:30, movie starts at 7 pm. Bring a comfy cushion. Snacks available. FMI <http://www.cedarheightscommunity.ca/movie-night>

Lions weekly meat & 50/50 draws - Fridays, 5 to 7pm at Copper Island Bar and Grill.

Copper Island Health Centre - Mobile Lab Tues and Thur 8:00 am to noon, Foot Care Wed. The Smile People Dental Clinic 3rd Fri, community paramedic last Thurs. of the month. Mobile Mammogram on July 29. To book appointments and access seniors resource services, including income tax prep, call 250-675-3661 To book immunizations call 250-833-4101. Located in the Blind Bay Market Place.

Sorrento & Area Health Centre - Primary care by Theresa Walters - 250-675-2167. Foot care by Vanna King Tuesdays - 250-574-9969. To book an immunization call 250-833-4101

NORTH SHUSWAP

Anglemont Marina's New Boutique - on Mother's Day, May 8. Prizes and Giveaways. See ad on page 10.

Family Fun May Long weekend
- Bowling, Arcades, mini golf, carnival food at the Fun Centre in Scotch Creek.

Lions Meat & 50/50 Draw
- Draws 3-5 pm Saturdays at the Hub in Scotch Creek.

Bingo at NS Community Hall
- every Monday except stat holidays. Bingo starts at 7:00 pm.

Live Music at the Hub - May 7 Turtle Valley Band then Comedy Show night with Darren & Kenny, May 13 Kelly Spencer, May 14 Shattered Blue, May 20 Rawnside of Town - Suzie Rawn and Joile Rawn, May 21 Angie Heinz Band, May 22 Evans Wild, May 27 Soul Patch, May 28 Margit Sky Project, June 3 Darby Mills - Press Play. FMI 250-955-2002.

27th Annual "On The Water" Poker Run - Father's Day, June 19. Entry forms online at Captains Village Marina website starting Friday, June 3. See ad on page 2.

Scotch Creek Farmers' Market - opens on Sunday June 26 at 9:30 am. Located behind The Hub. Fresh produce, plants, crafts and more. See ad on page 24.

CHASE

Emergency Preparedness Open House - Saturday May 7, 10:00 am to 3:00 pm at Chase Community Hall. Demonstrations, videos, information booths.

3-D archery shoot - May 14 and 15 at Fish & Game range, 724 Turtle Valley Road. 3-D foam targets, concession and potluck dinner Sat. evening. Free dry camping. Cash prizes in many age and bow categories. Cash only registration. FMI Vickey at 250-955-2374 or Brian at 250-220-3032.

Framed Wildlife Print raffle - Fish & Game fundraiser. Tickets from Ryan Bragg at L & S Garage, Celista 250-344-1524 or Vickey at 250-955-2374.

Adams Lake Community Market - Every Sunday from 9am to 3pm. 6349 Chief Jules Drive.

SALMON ARM & AREA

Enderby Folk and Pattern Dance - May 6 at 7 pm at the Enderby Drill Hall. All ages. Beginners welcome. Covid protocol applies. Call Estelle for info. 250 546-6186.

HD Live from the Met - at the Salmar Classic on Sat. May 7, 9:55am -- "Turandot", Giacomo Puccini. FMI <https://www.metopera.org/season/in-cinemas/>

20th Annual Salty Street festival - May 14, 10am to 3pm in downtown Salmon Arm. Kids's bike rodeo, bike swap, face painting, a petting zoo, street

continued on next page

Events Calendar *continued*

musicians, balloon people, clowns, jugglers, and more! Check out SaltyStreetFest.com for more info, including a detailed itinerary of the festivities.

RCMSAR Shuswap Open House - May 14, 11:00 am, at the Main Street Dock area in Sicamous. Celebrating 10 year anniversary.

A Gathering of Gratitude - Saturday, June 4 at Marine Park, Salmon Arm. 11am to 3pm. A celebration of the donors and organizations that improve life in the Shuswap. www.shuswapfoundation.ca See ad on page 15.

Salmon Arm Toastmasters - meet Thursdays 7 - 9pm at Okanagan College. Develop communication and leadership skills. www.salmonarmtm.com. FMI salmonarmtm@gmail.com

FALKLAND

From Tech to Tacos Trade Fair - Saturday, May 14. 10am to 4pm at Falkland Rodeo Grounds. Let's Celebrate Community. Hosted by

Shuswap Economic Development Society. All Vendors are welcome. See ad on page 23.

102nd Falkland Stampede - May 21, 22 and 23. Starts Saturday afternoon, parade Sunday at 12:30. More info at thefalklandstampede.ca

ONLINE / WEBINARS etc.

Shuswap Trail Alliance AGM - via Zoom, May 17 at 7:00pm. Must be a member in good standing for a minimum of 30 days prior to the AGM. www.shuswaptrails.com

CSRD Board Meeting - Thursday, May 19 at 9:30 am. Pre-register at www.csr.bc.ca. Agenda available approximately one week in advance of the meeting.

ONLINE Guided MEDITATION Classes - Tues. & Wed. 7 - 8:15 pm / Topics vary. Register at: www.kmcfv.ca

CSRD Learn how you FireSmart - watch a 30 minute online webinar. Pre-register at www.csr.bc.ca/firesmart 1-888-248-2773 See ad on page 37.



KIDS CORNER....

A Mixed Bag of Art

By Rayna Vanderhoek

Mixed Bag of Art held a kids art show and sale on April 9 at Shuswap Lake Estates.

There were 22 kids and one adult displaying in the exhibition. Most of the paintings were not for sale but we did have 10 paintings that sold. This was very well re-

ceived, family and friends came to celebrate their aspiring artists.

We would like to say thank you to Shuswap Lake Estates for letting us use their beautiful banquet room, as well all the parents who volunteered.

We will do this again! We had a lot of fun!



Lila Mattson - holding A Mixed Uppet



Brooklynn Matousek with her series of Rappunzel

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JUNE DEADLINE MAY 29 (DELIVERY JUNE 10)

CLASSIFIED ADS MUST BE PAID IN ADVANCE

\$8 up to 25 words, 25¢ ea. additional word. \$2 for box-around. Single column Classified Display Ads: \$14.00 for the first inch, then \$2.25 per 1/4 inch thereafter. Email ads to classifieds.thescoop@gmail.com or Call/text 250-463-2611. We accept cheques and email money transfers for payment.

FOR SALE

Point-of-Lay Hens ready June 15-30 2022 "Production Reds" - 3 year brown egg layers Pre-Order & Deposit Guarantees Availability (250) 955-6145 Complete Info ShuswapChickens@gmail.com

Beat the supply chain woahs! Hard to find, above ground pool for sale. 18ft round "Sovana" pool. New (still in crates) in 2020, never been set up. Includes electric heat pump, sand filter, A-frame ladder, and cleaning accessories. \$5500.00 OBO. Call Dan at 250-922-4602

WANTED

TODD'S COINS

CASH FOR GOLD AND SILVER
ALSO BUYING COIN COLLECTIONS & OLD MONEY

CALL TODD TODAY!
250-864-3521

Wanted - to buy old wood windows, doors, ladders, crocks, suitcases, furniture, tools, trunks, tubs, signs, antlers, pumps, taxidermy, advertising, barrels, scales, farm & cowboy items.
250-577-3357, Pritchard

RENTAL WANTED

Senior Male Looking for a one bedroom suite or shared accommodation. Salmon Arm area. No pets, no drugs, no parties. Excellent references. Call Jerry at 250-515-0502 - P.S. Would also like to meet a single woman.

South Shuswap Library



Tues. 10am to 6pm
Wed. 10am to 5pm
Thurs. 10am to 3pm
Fri. 10am to 5pm
Sat. 10am to 5pm

CLOSED: Sun., Mon. & Statutory Holidays

(250) 675-4818
#1 - 2425 Golf Course Drive,
Blind Bay Market

HELP WANTED



•available to work **Monday to Friday**
•Experience with concrete an Asset
Call 250-679-3373
WESTEND CONCRETE

or email a resume to
coralie@spoonerelectric.com



HELP WANTED

ACCEPTING RESUMES
for the following positions

Cashiers & Cooks
Prep Cooks & Assistant Cooks
Janitorial & Security

Please send resume via
Fax 250 679-4081
Or Email to
rosscr@cablelan.net
Drop Off @ **ROSS CREEK COUNTRY STORE**
6929 Squilax Anglemont Road
Magna Bay, BC



ARE YOU LOOKING FOR A NEW CAREER

Must have

- general construction experience
- own transportation
- be able to do physical labour
- HVAC Experience - an asset

Call Don 250-515-0611
North Shuswap

HELP WANTED



EXECUTIVE DIRECTOR

A unique contract employment opportunity exists with The Adams River Salmon Society. This role is an amalgam of the Administrative Coordinator and Event Manager roles for the society.

ADMINISTRATIVE COORDINATOR DUTIES:

- General administrative tasks of the society
- Prepare of Agenda & Minutes
- Plan, develop and implement Events

EVENTS MANAGER DUTIES:

- Liaise between Salute Committee, the Government, the community, all site committees and stakeholders-including Indigenous peoples, DFO and BC Parks
- Pursue funding, Sponsorship, Partnerships
- Coordinate Marketing and Tourism initiatives
- Oversee and train staff and volunteers.

QUALIFICATIONS:

- Ability to prepare successful grant proposals
- Expertise to manage successful high-profile, large scale events
- Coordinator/Manager experience
- Superior communications skills
- Knowledge and expertise in handling cash, POS & finances
- Good understanding of the life cycle of the wild pacific salmon, environmental watershed issues and conservation ethic.

PREREQUISITES:

- Degree in Tourism or Project Management or equivalent experience coordinating large-scale events.
- Flexibility to work extensive hours and with varying shift
- Provide a clear Criminal Check

CONTRACT START:

- Anticipated contract start date is May 16, 2022

APPLICATION PROCESS

Qualified applicants are invited to email their resume and cover letter (including compensation expectations) to:

Human Resource Committee-The Adams River Salmon Society

By email to: secretary@salmonsociety.com

Or by mail to: Human Resources Committee - The Adams River Salmon Society - PO Box 24034 Scotch Creek BC V0E 3L0

For complete job description visit
WWW.SALMONSOCIETY.COM

CLUBS & ORGANIZATIONS

Arts Council for the South Shuswap

Karen Brown 250-515-3276

Blind Bay Bridge Club

Vicki 250-675-2141, vicki00@telus.net

Blind Bay Community Society

250-675-3919,
blindbayhall@gmail.com

Blind Bay Painters

Jean Toker 250-675-5521 jtokersix@gmail.com

Blind Bay Garden Club

Susan 250-835-2351

Carlin Country Market

Angela Inskip 250-833-2094,
carlinpac@hotmail.com

Carlin Elementary Middle School PAC

Angela Inskip 250-833-2094,
Carlinpac@hotmail.com

Chase Fish & Game Club

Helen 250-679-8019

Copper Island Health & Wellness

Centre 2417 Golf Course Dr. Blind Bay Market 250-675-3661

Copper Island Seniors Resource

Services (CISRS)
(beside Spinnaker Cafe) 250-675-3661, cisrcbb@gmail.com

CRIMESTOPPERS

1-800-222-8477

CSRD Area C Director

Paul Demenok 250-517-0810,

pdemenok@csrd.bc.ca

Cruising the Okanagan Car Club

Facebook or email Anna-Marie Eckhart
cruisingtheokanagan@gmail.com

Emergency Support Services

Cathy Semchuk and Tom Hansen 250-833-5927 sep@csrd.bc.ca

FIRE DEPARTMENTS

Eagle Bay

4445 Eagle Bay Rd., Chief Alan Rendell,
250-517-0429,

EagleBayVFD@csrd.bc.ca

Sorrento Hall #1

1164 Passchendaele Road,
Chief Gary Hoult, 250-517-7980

ShuswapVFD@csrd.bc.ca

Sorrento Hall #2

2505 Greer Rd.,
Chief Gary Hoult, 250-517-7980

ShuswapVFD@csrd.bc.ca

Tappen/Sunnybrae

3732 Sunnybrae-Canoe Point Rd.,
Chief Marc Zaichowsky, 250-835-8696

TappenSunnybraeVFD@csrd.bc.ca

White Lake

3607 Parri Rd., Chief Bryan Griffin
250-835-4500,

WhiteLakeVFD@csrd.bc.ca

Fire Services Coordinator

Sean Coubrough 250-833-5955

scoubrough@csrd.bc.ca

FIRST RESPONDERS

Debbie Edwards,

ssfr@shaw.ca

GT Dragon Boat Society

Susan Eisenberger 250-803-6864,

www.gtdragonboatsociety.ca

HEALTH SERVICES

South Shuswap Health Services

Society Sue McCrae 250-675-3661,
http://sshss.ca

Sorrento Health Centre

250-675-2167

Sorrento Health Centre Society

Eldene Lindberg 250 675 4168

Lions Club

sorrentolionsclub@yahoo.ca / Web:
Sorrento Lions Club - Lions e-Club-

house

Neighbourhood Emergency Pre-

paredness Cathy Semchuk and Tom

Hansen 250-833-5927 sep@csrd.bc.ca

North/ South Shuswap Comm. Resource

nsscr@live.ca, Leigh 250-515-4682

Notch Hill Cemetery Society

Louise 250-253-5776

Okanagan Regional Library (ORL)

South Shuswap

Leigh Schaffer 250-675-4818,
lschaffer@orl.bc.ca Blind Bay Market

www.orl.bc.ca/branches/south-shuswap

ROAD MAINTENANCE

Acciona Infrastructure Maintenance Inc
- 1-866 222-4204, Vernon Moti

250-503-3664, aimroads@acciona.ca

Shuswap Better at Home

Central Intake 250-253-2749,

sbahintake@outlook.com

Shuswap Community Foundation

250-832-5428, www.shuswapfounda-

tion.ca

Shuswap Emergency Program

Cathy Semchuk and Tom Hansen 250-

833-5927 sep@csrd.bc.ca

Shuswap Hospice Society

250-832-7099, 250-675-2568

(Sorrento)

Shuswap Lake Aero Modelers

1-866-293-3851,

info@slams.ca / www.slams.ca

Shuswap Theatre Society

https://shuswaptheatre.com

South Shuswap Chamber of Commerce

Karen Brown 250-515-3276,
manager@southshuswapchamber.com

Shuswap Volunteer Search & Rescue

Luke Gubbles 250-803-1095,
shuswapvsar.org

Shuswap Tennis

sletennisclub@gmail.com

Shuswap Waterfront Owners Association (SWOA)

info@SWOA.ca / www.SWOA.ca

Sorrento Drop In Society 1148 Pass-

chendaele Rd. 250-675-5358,

sdis@shaw.ca / www.sdis.ca

Sorrento Food Bank Tina Hysop

250-253-3663, sorrentofoodbank.ca

Sorrento Lions Club Sorrento Lions

Manor. sorrentolionsclub@yahoo.ca

Sorrento Minor Ball

Geoff 250-804-6923,

sorrentominorball@gmail.com

South Shuswap Canada Day Committee

Tammy Packer 250-463-2495

Victim Services

Guy Ramsay 250-679-8638

White Lake Community Hall Society

3617 Parri Road, 778-231-8810,

whitelakehall@cablelan.net

White Lake Residents Assoc. -

(WLRA) info@wlra.ca / www.wlra.ca

White Lake New Horizons Seniors

Club - Gary Loeppky 250-803-2828

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COMMUNITY HALL INFORMATION

Please check with your local community hall for more information and scheduled events

Blind Bay Memorial Hall

2510 Blind Bay Rd.

250-675-3139

blindbayhall@gmail.com

Facebook: Blind Bay Memorial Hall

& Reedman Gallery

www.blindbaymemorialhall.ca

Carlin Hall

4051 Myers Rd. Tappen

www.carlinhall.net

Hall rentals: 250-675-5426

carhall4051@gmail.com

Cedar Heights Community

Association

2316 Lakeview Drive, Blind Bay

250-675-2012

www.cedarheightscommunity.ca

Eagle Bay Community Hall

4326 Eagle Bay Rd.

www.eaglebayhall.ca

Hall rentals: 778-888-7391

Notch Hill Town Hall

1639 Notch Hill Rd.

Pres. Anna-Marie Eckhart

250-804-3374

Check us out on Facebook

Heritage Rentals - Marianne Ro-

myn 250-835-4721

Notch Hill Hall Events - Amy

Berry 250-803-1806

Shuswap Lake Estates

Community Centre

sle@shuswaplakeestates.com

www.shuswaplakeestates.com

250-675-2523

Sorrento Memorial Hall

1150 Passchendaele Road,

250-675-2222

Sunnybrae Community Hall

3595 Sunnybrae Canoe Point Rd.

Hall Rentals - Rob Milne: 250-835-

8657

Facebook.com/SunnybraeCommuni-

tyAssociation

sunnybraecommunityassociation.

com

Sunnybrae Seniors Hall

3585 Sunnybrae Canoe Pt. Rd.

sunnybrae.srs@gmail.com

1-877-452-0719

White Lake Community Hall

3617 Parri Road 250-803-4616

whitelakehall@cablelan.net



Nobody Sells More ... in the entire Shuswap region!

All Kent's statistics are gathered from AOR's MLS® System for the period 2006 to 2022, collectively, for Total Gross Dollar Volume Sold

4451 - 42nd Street NW, Salmon Arm



- Glen Eden ~ diamond in the rough!
- Private location ~ 4.88 acres!
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MLS #10251236 **\$769,500**

Kent Redekop
Personal Real Estate Corporation
(250) 318-8120



Salmon Arm Realty

2816 & 2826 Arnheim Road, Sorrento



- Prime Sorrento location!
- Usable half acre with house & shop!
- Commercial zoning ~ many uses!

MLS #10250898 **\$849,500**

1526 Recline Ridge Road, Tappen



- Prime 2.47 acre parcel in Recline Ridge with pastoral & water views!
- 10 minutes from Salmon Arm ~ live in the country, but be close to the city!
- Nice home with double garage + 2 other detached garages ~ guest suite!

MLS #10250878 **\$1,350,000**

6088 Bradshaw Road, Eagle Bay



- West Coast contemporary stunner in Eagle Bay ~ luxury realized!
- Superior finish, second to none ~ awesome master with second laundry!
- Western exposure ~ sunsets every night from your rooftop skybar!

MLS #10250540 **\$2,599,500**



www.mrshuswap.com



HomeLife Salmon Arm Realty ~ #404 - 251 Trans Canada Hwy NW ~ Salmon Arm, BC ~ V1E 3B8 ~ 1(250) 832-7871

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250.675.2315

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2816 - 2826 Arnheim Road, Sorrento (MLS# 10250898) **\$849,500**

- ✓ Epic Sorrento commercially zoned property with beach inspired residence!
- ✓ 100% usable 0.54 acre lot with detached 26' x 48' cement block shop!

www.mrshuswap.com



KENT REDEKOP
Personal Real Estate Corporation
1.250.318.8120



Salmon Arm Realty
1.800.890.9166



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